



J A M E S M A D I S O N B R E E Z E U N I V E R S I T Y



THURSDAY, SEPTEMBER 21, 2000

Life in the slow lane

Sluggish Internet connections go beyond JMU's wires

BY KILEY WALAWENDER
contributing writer

Despite an upgrade to JMU's computer systems and services, problems outside of the university's control have caused slow Internet connections to start off the school year.

J.W. Myers, assistant vice president for information technology, said problems are resulting from inefficient service from Sprint, which is experiencing problems with its routers.

The JMU network is connected to Network Virginia, which is administered by Sprint. Myers said Sprint underesti-

mated the giant increase in Internet users when students returned to college in September. This has resulted in slower connections with Network Virginia, which JMU cannot control.

"They (Sprint) have had a bobble after bobble," Myers said. "They still have not got things totally resolved."

All public universities and colleges in the state are among the 600 to 800 customers served by Network Virginia, Myers said. Network Virginia was operated by Virginia Tech, until Sprint took over the duties a few years ago.

Myers said Sprint's inexperience with the large influx of college students con-

tributed to the delays.

He said Sprint's initial difficulties were not a surprise, but he expected the problems to be solved by the second week of classes. Yet they continue to persist.

Myers said problems should be resolved in the near future, but breakdowns in new technology can affect the status.

Senior Robbie Carman said, "I can't get the multimedia technology off the Internet that I'd like. I can't download any movies and music."

In April, *Yahoo! Internet Life* ranked JMU 48 in their list of "The Nation's 100 Most Wired Universities."

Schools were ranked based on the percentage of computers wired in class-

see SLOW, page 9

Problems with Sprint contributed to JMU's Internet delays



SGA discusses riot at first meeting

Bill to publicize SGA's commitment to issue tabled, some want clearer message



MINA ADIBPOUR/staff photographer

College of Education and Psychology Sen. Catie Campbell introduces a bill about publicizing SGA's dedication to investigating the Forest Hills riot on Tuesday.

BY STACY SMITH
SGA reporter

The Student Government Association spent most of its first meeting of the year discussing the Aug. 25 Forest Hills riot.

A bill was introduced in Tuesday's meeting that, if passed, would publicize the organization's dedication to active involvement in investigating student concerns about the riot.

"We are very concerned for the safety of the students that were there and we are concerned for the reputation of our university," SGA President Mark Sullivan said.

SGA hopes to obtain an understanding of the actions that occurred at Forest Hills in order to prevent a similar situation from happening again.

While the Community Coalition recommended immediate, short-term and long-term actions to JMU President Linwood Rose to help prevent such events from reoccurring, Sullivan said the incident was not adequately addressed.

"My view is that we can't fix a problem unless we talk about the problem," Sullivan said.

Sullivan said the coalition rushed discussion of the Forest Hills incident to have a quick fix to present to Harrisonburg and the JMU community.

At recent coalition meetings, he was only allotted about 10 minutes to present his concerns, Sullivan said.

— "We are very concerned for the safety of the students that were there ..."

— Mark Sullivan
SGA president

Sullivan and other members of the executive council have talked directly with Harrisonburg police, viewed tapes of the event, collected information from students and met with city council members and university administrators.

see SGA, page 9

STYLE

'Fear' and Loathing on MTV

MTV sends six young adults to an abandoned prison for three nights ... alone. Style's got the inside scoop! Page 25

They Didn't Spike a Chance

The JMU women's volleyball team defeated state rival Radford on Tuesday 3-0, and now prepares for the JMU Invitational this weekend. Page 29



A Cadaverous Experience

Professor Brenda Seal uses cadavers as well as a unique teaching style to help her students learn the inner workings of the human body. Pages 20-21

NEWS

Fight for Their Rights

Two JMU students win a discrimination lawsuit against the Virginia High School League. Page 5

DUKE DAYS EVENTS CALENDAR

THURSDAY, SEPT. 21

• Yoga Club, 5 p.m., Taylor 400, e-mail Kai at safranka

• Animal Rights Coalition informational meeting, 6:30 p.m., Moody 205, e-mail markssl

• Campus Crusade for Christ "Prime-time" large group meeting, 8 p.m., Warren 4th floor, contact Shelby at 442-1650

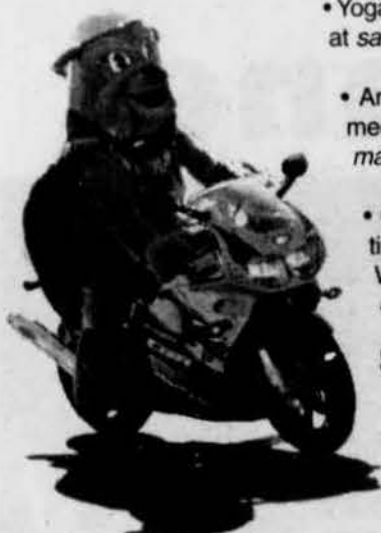
SATURDAY, SEPT. 23

• Men's Club Basketball tryouts, noon to 2 p.m., UREC

SUNDAY, SEPT. 24

• Men's Club Basketball tryouts, noon to 2 p.m., UREC

TO SUBMIT A DUKE DAY EVENT: E-mail Richard at *The Breeze* at saksharh with the information (event, date, location, contact info, etc.) Please submit by Friday for a Monday issue and Tuesday for a Thursday issue.



POLICE LOG

MEGHAN MURPHY
police reporter

A JMU student reportedly observed a female on a sidewalk near Frederikson Hall lying in her own vomit and body fluids Sept. 17 at 2:30 a.m. Two or three people were trying to help her into the residence hall. While the bystander phoned the police for help, she was approached by one male from the group who reportedly physically assaulted and verbally abused her.

The intoxicated student was taken to RMH ER and was issued a summons for underaged possession of alcohol.

The reported assault and battery is still under investigation and the culprit has been described as a white male, approximately 5-foot-10 inches, with short blonde hair and blue eyes. He was wearing a blue and white shirt.

In other matters, campus police report on the following:

Drug Law Violation

• A JMU student was judicially referred for a drug law violation after admitting to previously smoking marijuana Sept. 16 at 11:53 p.m. when the odor was smelled in a residence hall on campus.

Underaged Possession of Alcohol

• A JMU student was charged with underaged possession of alcohol Sept. 16 at 1:09 a.m. at the G-lot bus stop. The student suffered from alcohol poisoning and was taken to the RMH ER for treatment.

• Two JMU students were charged with underaged possession of alcohol in D-3 lot near Chesapeake and Potomac Halls Sept. 16 at 11:53 p.m.

see **POLICE LOG** page 9

WEATHER



Today
Mostly cloudy
High 79 Low 55

		High	Low
Friday	Partly cloudy	72	54
Saturday	Scattered T-storms	70	50
Sunday	Scattered T-storms	78	55
Monday	Partly cloudy	68	42

MARKET WATCH

Wednesday, Sept. 20, 2000

DOW JONES	101.37	↓	AMEX	13.91	↓
close: 10,687.92			close: 936.77		
NASDAQ	31.80	↑	S&P 500	8.56	↓
close: 3,897.44			close: 1,451.34		

INFORMATION

The Breeze is published Monday and Thursday mornings and distributed throughout James Madison University and the local Harrisonburg community. Comments and complaints should be addressed to Gina Montefusco, editor.

Mailing address:

The Breeze
G1 Anthony-Seeger Hall
MSC 6805
James Madison University
Harrisonburg, Virginia 22807

Phone: (540) 568-6127 Fax: (540) 568-6736

E-Mail address: the_breeze@jmu.edu

Breeze Net: <http://www.thebreeze.org>

Section phone numbers

Opinion/Style: x3846
News: x6699
Focus: x6729
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Bookkeeper

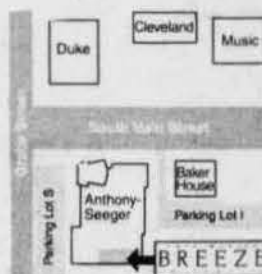
Susan Shifflett, x8089

Receptionist

Angie McWhorter

LOCATION

The Breeze is located in the lower level of Anthony-Seeger Hall



CORRECTION

The opinion column "Student responds to Community Coalition efforts" on page 17 of the Sept. 14 issue of *The Breeze* incorrectly stated that Student Government Association President Mark Sullivan had said the next Community Coalition would be held in November.

The Breeze regrets the error.

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JAMES MADISON
BREEZE
UNIVERSITY

"To the press alone, chequered as it is with abuses, the world is indebted for all the triumphs which have been gained by reason and humanity over error and oppression."

— James Madison

NEWS

Communicate like a pro

Hartford professor Don Ellis speaks on improving communication
Page 5



"... they can get a brain injury from a little fender-bender."

WILLIAM WALKER
psychology professor
see below

Many activities fill Homecoming week

BY SARAH JONES
staff writer

Each year, Homecoming day draws alumni and students to Bridgeforth Stadium to watch the football game or to just socialize, but much more work goes on behind the scenes than what is seen on the turf.

The Homecoming Student Spirit Committee has been working since January to plan the numerous events that lead up to the Oct. 7 contest.

"We have a core group of about 25 students working to organize the different events," said senior Jill Zagora, the spirit committee co-chair.

These students met with alumni, faculty and staff members during a retreat in January to brainstorm ways to get the student body involved throughout the entire Homecoming week.

"We are trying to get more students participating," Zagora said. "[One way is] by having organizations and clubs compete for prize packages, which they win by earning incentive points."

Any club, organization or group can register to earn "Madison Magic Points" and ultimately have a chance at winning the prize. Groups are encouraged to work together to earn points by attending or winning events and displaying their purple and gold pride.

"Last year KA (fraternity) and ZTA (sorority) combined together and ended up winning for the large group," Zagora said.

Groups can register at UREC, First Year Involvement in Huffman Hall, the Warren Hall information desk or the University Health Center. Groups will be classified according to size to give all participants a chance to win.

Groups are urged to create a banner for the annual contest and also build floats for the Homecoming Day parade. Banners will be displayed on Godwin Hall during the week and must be turned in to Wilson Hall 215 by 5 p.m. on Sept. 29. First Year Involvement provides all the necessary supplies for creating a banner.

The parade will be held Oct. 6 at 6 p.m. The spirit committee has put together information on how to build a float, which is available at registration. Organizations that elect not to construct a float are encouraged to walk in the parade.

The Marching Royal Dukes are the newest and largest addition to this year's parade. The 450-member band will march in the back of the parade.

Accompanying the band and the floats will be JMU President Linwood Rose, riding in an antique Rolls-

"We encourage spectators to come out," said Dana Ensley, co-advisor for the Parade Committee. "The best place to watch from is Hoffman Field."

Students can also showcase their Homecoming spirit by entering the car decorating contest. Cars will be displayed throughout campus on Oct. 6 for students to vote for their favorite. The winner will receive an all-zone parking pass courtesy of JMU Parking Services.

"This is a great chance for individual students to get involved," said senior Meghan Hargraves, co-chair of the Homecoming Spirit Committee. "And the prize is awesome ... contestants just have to make sure they are registered with parking services."

Other Homecoming week activities include a kickoff beach party at UREC, Sunset on the Quad, Commons Day and a 5K walk/run.

The beach party will take place Oct. 2 and features free food, music and volleyball. Spirit committee members will also be giving students a chance to win various prizes and trinkets.

Sunset on the Quad will feature JMU a cappella groups and other musical guests on Oct. 4.

"This was a huge success last year, and this year we were able to get all the a cappella groups to perform, plus the Breakdancing Club will also perform," Hargraves said.

On Oct. 5, Commons Day will feature games and more prizes. Prizes include pompoms, little footballs, playing cards, pens that blow bubbles and many more fun items.

Before the football game, the fifth annual 5K Fun Walk/Run will be held, with proceeds benefiting the student recreational group PRO-REC.

"Everyone is encouraged to participate ... you can walk or run," said Bob Golson, coordinator of intramural sports. "We usually have at least 40 walkers, and last year there were even a few alumni mothers with strollers."

The purpose of the week's events is to get as many students from all different aspects of campus involved with Homecoming and to have fun, Zagora and Hargraves said.

Homecoming 2000				
Monday October 2	Wednesday October 4	Thursday October 5	Friday October 6	Saturday October 7
Beach Party at UREC Food, Music, and Volleyball	Sunset on the Quad A cappella groups and Breakdancing Club 5:00 p.m.	Commons Day Games and Prizes 11:00 a.m. - 2:00 p.m.	Car Decorating Contest 10:00 a.m. (continues all day)	Dukes 5K Fun Walk/Run 9:30 a.m. Homecoming Game 3:00 p.m. Parade Floats, MRDs, President Rose in a Rolls-Royce, Clubs and Organizations 6:00 p.m.
				
KATIE WILSON / senior artist				

Royce, and bulldogs from local breeders will make their way from CISAT down to Godwin Field.

"Last year was the first (parade); it was such a success," Zagora said. "The floats were awesome. There are options available for everyone to participate."

Even though there is an emphasis on recruiting clubs and organizations for the parade, the spirit committee hopes to get individuals involved. One way is to watch the parade on Friday night.

Center offers brain trauma aid

BY NICKI CLONINGER
contributing writer

A neuropsychology clinic at JMU is now in operation in response to an increase in students who have reportedly been diagnosed with a traumatic brain injury.

Traumatic brain injuries (TBIs) are relatively common among the 18-to 25-year-old age group. An estimated 500,000 to one million people suffer a TBI each year.

The primary cause of TBIs is automobile accidents, which account for 50 percent of all cases. Unknown to most people, a seemingly harmless fender-bender can cause a TBI.

Psychology professor William Walker said TBI is the "silent epidemic" because many people are not aware that they have it. "They many not know they can get a brain injury from a little fender-bender," he said.

TBI can result from automobile accidents, falls, fighting, skateboarding, rollerblading and mountain biking. The symptoms of TBI affect physical, mental

and behavioral aspects of the body. Physical symptoms include nausea, vomiting, fatigue, dizziness, blurred vision and sleep disturbances, Walker said.

Mentally, TBI can affect attention and concentration, perception, memory, speech and language. TBI can also change someone's personality as well as making them irritable, uninhibited, anxious and impulsive.

"Friends of people who suffer from TBI can't figure out what's going on with the person," Walker said.

In the past year, 25 to 30 JMU students had a documented case of TBI, said Lou Hedrick, director of the office of disabilities. He also said the actual number is probably higher.

"It is likely that there are a significant number of additional students who have survived mild to moderate brain injury and are experiencing frustration with their performance, but may be unaware that the impact has been a result of a brain injury," Hedrick said.

Due to the number of students at JMU

who have TBIs, Walker has opened the new neuropsychology clinic on campus.

Walker came to JMU's psychology department five years ago as a neuropsychologist. He wanted to open a neuropsychology clinic at JMU to provide for the needs of JMU students and for people in the Harrisonburg area. Currently, the clinic treats patients and trains graduate psychology students in applied programs.

The clinic sees approximately four JMU students on a regular basis as well as referrals from other colleges such as the University of Virginia. Services are provided by doctoral interns and doctoral students under the supervision of Walker. The fee schedule for the clinic is based on a sliding scale, meaning people pay according to their income. The standard minimum fee is \$250.

"I want other students who have been injured to know that we are here and we can help them," Walker said.

The severity of TBI can range from mild to severe. Ten to 20 percent of TBI cases are so severe the victim can't fully

recover. JMU students who have TBIs are often trying to come back to school after having been injured. The clinic, along with Disabilities Services, tries to provide for patients' needs to make the transition from injury to college easier.

Once a student has a documented case of TBI, they can work with Disabilities Services and Walker to learn to cope with the problem.

"It's just getting them [students with a TBI] to come forward, that's the problem," Walker said. "It's hard for a student to admit to a brain injury, they try to tough it out for themselves."

Walker is also planning to begin a support group for TBI survivors this fall, due to student requests.

In order to be evaluated by the neuropsychology clinic or for more information, call Walker at x6389 or e-mail walkernw@jmu.edu. The neuropsychology clinic Web site is cep.jmu.edu/neuroclinic. To contact the Office of Disabilities, call x6705 or visit the Web site at www.jmu.edu/disabilityser.

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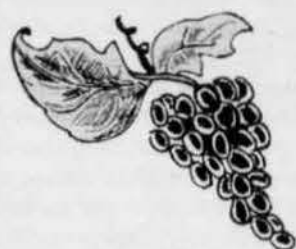
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Symposium begins with speaker

Hartford professor discusses improving transformative communication

BY LYNETTE DIAZ
contributing writer

The importance of transformative communication in the public and civic world was the topic for the first speaker of the "Civic Renewal and the University" 2000 Madison Symposium.

Don Ellis, professor of communications at the University of Hartford, spoke to students and faculty on Monday in Wilson Hall about ways to improve communication between different groups. More than 600 people attended the presentation.

"Differences among people are natural, but the only one way to close the gaps is effective communication," Ellis said.

The use of the Internet and other personal media, according to Ellis, is not as beneficial to society as it may seem. The average person spends 3,000 hours a year using media and only 2,000 hours sleeping. Instead of connecting people, media makes it harder for individuals to commune and easier to be solitary.

"We're suffering from excess information," Ellis said. "Instead of being separated by classes, our culture is split by slices of interest and the media that enforces it."

In conjunction with Ellis' presentation, a panel of JMU professors discussed the affect of verbal and non-verbal symbols Monday afternoon.

"I answered questions [at the symposium] regarding communication in the areas of gender and language," sociology professor Mary Lou Wylie said. "It's essential for students to learn how to communicate effectively."

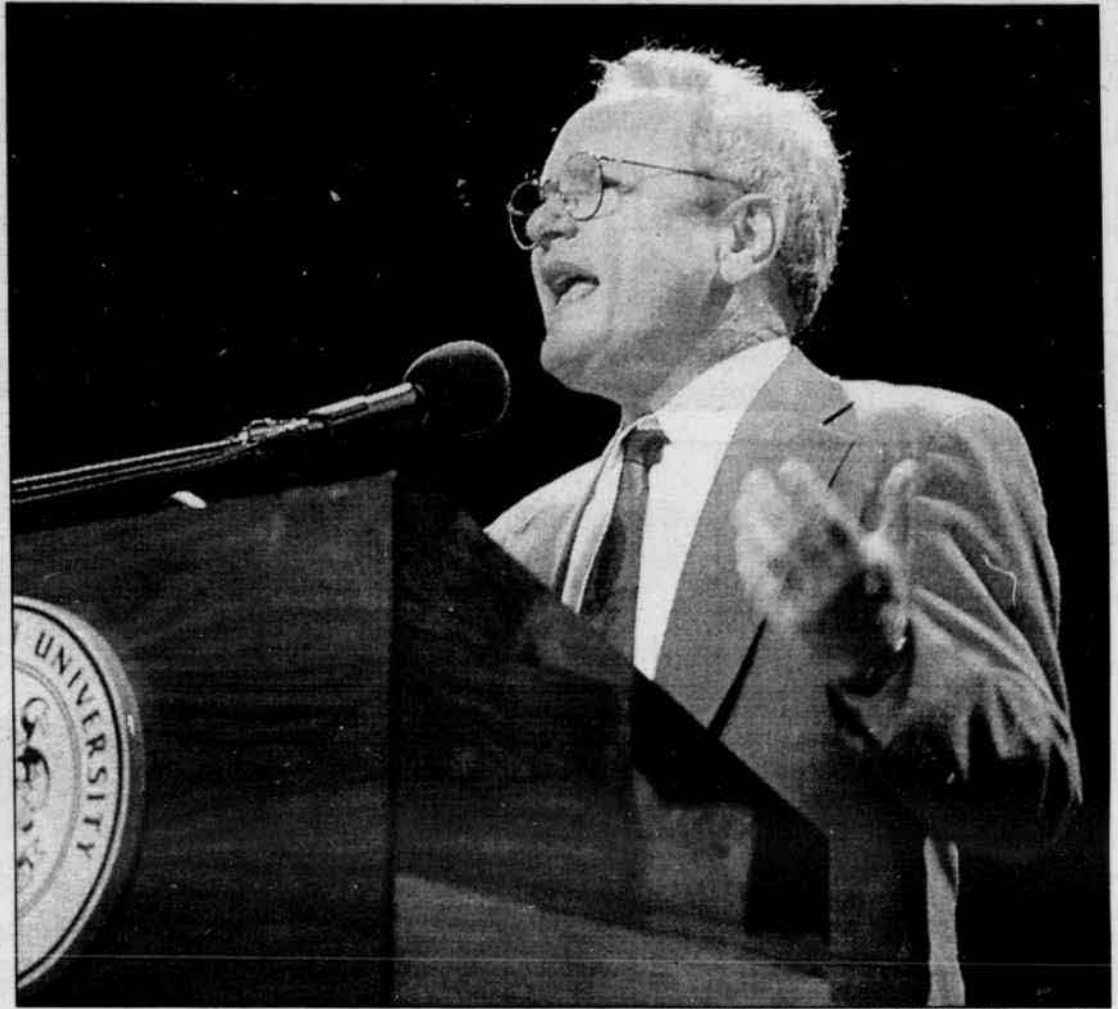
Dialogue and personal narrative listening were some examples Ellis offered as ways to improve communication. Transformative communication, Ellis said, is a positive way to promote change because of its directness.

"Only when groups transform the way they communicate will they resolve conflict," he said. "Transformative communication doesn't exist to change people, but to help them work together and asks them to open their minds to others."

Students said learning to communicate more effectively is an important asset, but some think it may not be so easy to teach.

"I think the communication techniques Dr. Ellis spoke about would be beneficial for students not only in college, but out in the business world," sophomore health sciences major Valerie Sommer said. "It's all a matter of educating them thoroughly, and helping them understand the differences among people."

The symposium concludes tonight with a presentation on journalism and public life in Wilson at 7 p.m.



MEGHAN MONTGOMERY/staff photographer

Don Ellis, a communications professor at the University of Hartford, speaks to a crowd in Wilson Hall Sunday night about ways to improve communication between different groups.

Students win athletic discrimination case

Two JMUers among 11 ex-high school female athletes who defeated VHSL this summer

BY TARA HAFER
staff writer

Some JMU students spent their summer working, some spend it lounging and some spent it flying back and forth to Charlottesville to give testimony in a discrimination case against the Virginia High School League.

For four years, 11 female athletes, two of whom are current JMU students, have been attempting to ensure that all student athletes are allowed equal opportunity to participate in the high school sport of their choice.

Their efforts came to fruition in July, when a U.S. District Court ruled against VHSL, which oversees sports in Virginia's public schools.

Although no specific damages were requested, each of the 11 plaintiffs were awarded \$17,000.

"We were really surprised, we weren't asking for money," JMU sophomore and co-plaintiff Julie Melkerson said. "All we wanted was for the sports to be aligned so that no girl would have to go through what we did. The important part of this ruling is that the VHSL has to align the sports."

Groundwork for the lawsuit dates back to 1995, when two Suffolk high schools raised concern after a change in athletic divisions from Group AA to AAA caused

sports seasons to conflict.

Melkerson said that at the end of her freshman year at Lakeland High School, the shift in divisions caused the realignment of three women's sports: basketball, volleyball and tennis. The sports were now all scheduled during the fall season, forcing female athletes to choose one sport over the others.

These sports remained aligned for all male athletes, thus preventing them having to choose one over the other.

JMU sophomore Rebecca Sherard experienced the same difficulties with her sports at Suffolk's Nansmond River High School during this time. Sherard played tennis and field hockey, both re-aligned as fall sports. She was forced to pick one over the other.

"It always seemed unfair to me," Sherard said, "But it wasn't until my assistant vice principal, Kevin Allston, brought it to my attention that I really started doing anything about it."

Allston first wrote the VHSL in July of 1995, accusing the VHSL of being in violation of Title IX and the equal protection clause under the U.S. Constitution. Title IX prohibits sex discrimination in any educational program that receives federal funds. The equal protection clause prevents states from making or enforcing laws that restrict

the rights of citizens, regardless of gender.

"Females were obviously being treated differently than males," Allston said, "If my daughter were a male, she wouldn't have gone through what she had to."

In the letter, Allston included information he collected from surveys completed by several Suffolk-area high school students. The surveys showed the students believed they should not have to pick between sports.

"After that, 10 of us got together with Mr. Allston and his daughter, and filed a suit against the VHSL," Sherard said. "That was August of 1997."

Allston said for about three years after they filed, court dates were pushed back, depositions were taken and surveys were administered by the VHSL.

"This affected so many girls, we were just the only ones to take a stand," Sherard said.

Allston said this July, all eleven girls were flown to Charlottesville for nine days of testimony and deposition.

After three hours of deliberation, the jury found the VHSL in violation of Title IX and the equal protection clause under the U.S. Constitution. The plaintiffs asked U.S. District Judge James Michael Jr. to order the VHSL to realign girls' sports seasons so they coincide in all groups state-

wide. But changes for the current school year were not requested.

Following the ruling, Ken Tilley, the VHSL executive director, said changes will not be immediate, as the league considers an appeal.

"We never went for money," Allston said. "My daughter was so shocked when she found out she was getting money."

But Allston said he doesn't think the girls will be receiving the money anytime soon.

"The VHSL is already in the process of voting on an appeal," Allston said. "If this is the case, their money will be tied up for years."

"I have found gender discrimination to be more rampant than any other discrimination," Allston said. "I honestly feel for females, there are over 300 high-powered educators that still don't have a grip on discrimination of females."

Allston said in meetings with other high school administrators, gender discrimination is seldom discussed.

Allston said three other states that are currently in the process of working through similar cases.

"It's scary to think they (VHSL) may appeal this case, but we will prevail," Allston said. "We will go all the way to the Supreme Court if we have to."

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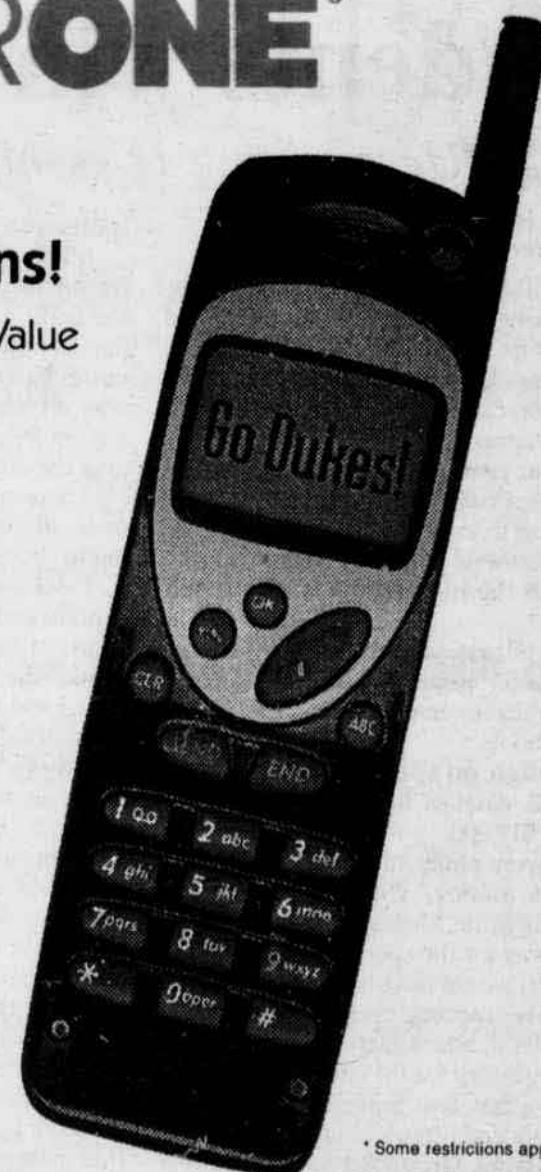
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October 2-8

- Beach Party Kickoff
- Sunset on the Quad
- Commons Day
- Homecoming Parade
- 5K Fun Walk/Run
- Godwin Field Festival
- JMU Football vs. Villanova

For details and a complete list of Homecoming events visit:
www.jmu.edu/alumni/HC2000.html

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9 A.M. - 5 P.M.

Tuesday, Wednesday, Thursday - TAYLOR 311

Friday - TAYLOR 202

* Times and places subject to change.



The Bluestone
The Yearbook of James Madison University

SGA holds first meeting of year

SGA, from page 1

SGA has collected approximately 100 surveys from students present at the riot. Members said they hope the survey will provide insight to the actual events and concerns regarding the incident.

In addition, the SGA hopes to make a firm commitment to students to pursue a greater understanding of police and student actions on that night.

The SGA proposes to publicize their commitment in a full-page Breeze advertisement.

"We have been working really hard on trying to make the students heard," Sullivan said. "We want people to know that we have not forgotten about it, and that we are behind the students on this."

College of Education and Psychology Sen. Catie Campbell introduced the bill and said she had initial reservations about SGA involvement.

"I have been learning about problems he (Sullivan) has been having with [the Coalition] and realizing the council is not moving on it and we are," Campbell said. "SGA is ready to go after it and satisfy the students' concerns."

Campbell also said the administration's initiatives did not meet students' demands.

"From the lack of information students have been given, you would expect administration would clear things up," she said.

A motion to table the Forest Hills Resolution bill was passed. SGA representatives will vote on the bill again after revision at the next meeting on Tuesday.

ing on Tuesday.

Some SGA members wanted the bill to convey a clear statement to the student body.

At-Large Sen. Marie Lyons suggested tabling the motion to make sure the bill has a stronger statement to students about SGA's concern. Still under consideration is the possibility of signing representative names to the bill to assure the student body of their concern. About 10 senators discussed Forest Hills and said they were in opposition of the bill because they wanted ad to be clearer than in the format of an SGA bill.

"I want to make sure we are addressing the right concerns," Lyons said.

In addition to firmly stating the SGA's involvement in addressing the Forest Hills incident, members hope to mediate issues between students and police.

Sullivan's plan for the future includes mediating sit-down discussions with police and city council in addition to attending Community Coalition meetings in which he will speak on behalf of the students.

Sullivan said mediation is essential to preventing this kind of incident from happening again.

"If you don't understand history, you're doomed to repeat it," Sullivan said.

While the Forest Hills incident is the SGA's primary concern, other topics are on this semester's agenda.

Sen. Amanda Klein introduced Sister Speak Finance Bill, a student-run journal on feminist ideas and women's issues, poetry, short fiction, artwork and photography; allocating \$1,000 to bring up at a later date.



MINA ADIBPOUR/staff photographer
SGA President Mark Sullivan

cating \$1,000 to bring up at a later date.

SGA plans to organize a voter registration drive, with the help of social work majors to "get students registered ahead of time for the upcoming presidential election," Sullivan said.

They also discussed promoting sexual assault awareness and making students more aware of the "Your Right to Know" bulletins in the near future.

Sullivan also elaborated on an increase of student input through referendum. "There are many issues including parking, sweatshop labor and other things along with Forest Hills that we want to take accurate student views on when we present suggestions to the Board of Visitors," he said.

A slow start for network

SLOW, from page 1

rooms, the number of public computers bought within the past two years, the amount of Web and network space available to students and the operating hours at the help desk and computer labs.

Myers said the JMU network currently serves 9,200 users, an increase of over 800 since May. The number of users at the end of the 1998-99 school year was 6,400, and only 4,400 users were registered at the end of the 1997-98 year.

Despite the Internet slowdowns, the JMU computer system continues to offer improved services to its expanding number of users.

Upgrades include a new design for the JMU Web site, easier access to the JMU network from apartments and greater efficiency in registering and checking class schedules from students' own computers.

Myers said apartments with the proper size line installed provide students with a good Internet connection.

"The new (JMU) Web page is very user friendly," freshman Amanda Long said. "JMU has made it accessible and simple for all of its students to understand."

Students have also benefited from improved technical support service this year.

"Setting up my computer at the beginning of the year seemed easier," sophomore Diana Patterson said. "There were tech support people located in my dorm to answer any questions in case a problem should arise."

To enable the JMU community to take full advantage of the campus network, Myers said the university is awaiting the results of an advanced setup, which is being experimented with at Virginia Tech.

Myers said the new set-up would create a faster service with Network Virginia and in turn provide a much faster Internet connection at JMU.

Virginia Tech began transmitting test data over the new set-up Sept. 12, but encountered problems that forced a shutdown. The trial set-up restarted Monday, and Myers said he is awaiting word on its status.

"This is not easy work by any stretch of the imagination," Myers said. "It seems like Murphy's (Law) has been involved in several steps along the way."

Myers said the use of new, more productive technology has been difficult to implement, resulting in delays.

But as soon as Virginia Tech stabilizes the new set-up and transfers university computer traffic to it, JMU is on a list to follow suit, he said.

Myers said he did not have a time frame for when the improvements may occur, but plans to release a statement on the situation to the JMU community.

POLICE LOG, from page 2

Grand Larceny

- An office chair was reported stolen from the Information Center at Warren Hall between 4:30 p.m. Aug. 24 and 8 a.m. Aug. 28.

The estimated cost of the chair is \$800.

- A GT-brand Diamond Frame 12-speed mountain bike was reported stolen from the Potomac Hall bike rack between 10:30 p.m. Sept. 14 and 2:30 a.m. Sept. 15.

The bike was locked through a quick-release wheel. The wheel was found at the scene.

- Four signs located at the construction site near Bridgeforth Stadium were reported stolen by unknown person(s) between 5 p.m. Sept. 15 and 2 p.m. Sept. 18.

The value of the signs is estimated at \$400.

Petty Larceny

- A sign was reported stolen from Long Field/Mauck Stadium between 5 p.m. Sept. 16 and 1 p.m. Sept. 17. The estimated worth of the sign is \$100.

- Unknown subject(s) reportedly broke into a student's vehicle parked in C-4 lot between 5:30 and 10:20 p.m. Sept. 17.

The perpetrator caused \$100 worth of damage to the car window, stole a portable CD player worth \$45 and a cell phone control panel.

Destruction of Property

- Unknown persons reportedly smashed a double-pane window in the Facilities Management Building on Patterson Street with an empty liquor bottle between 5 p.m. on Sept. 14 and 9:50 a.m. on Sept. 15.

The estimated damage is \$1,000.

- The passenger-side window was reportedly broken out of a vehicle parked in R-1 lot between 1 a.m. and 10:45 p.m. on Sept. 15. Nothing was reported stolen.

- The window of a vehicle in H-lot was reportedly broken by either a rock or a BB between 11:30 a.m. on Sept. 5 and 11:15 p.m. on Sept. 15.

- A window was reportedly broken

out of Steele House between 10:30 a.m. on Sept. 15 and 8:55 a.m. on Sept. 18.

- The left side window of a Suburban was reportedly damaged in R-1 lot between 5 p.m. on Sept. 17 and 2 p.m. on Sept. 18. The vehicle was not entered, though it appeared as if it had been struck by a rock.

- Damage was reportedly done to a student's vehicle while parked in the CISAT gravel parking lot at 9:29 p.m. on Sept. 18.

Suspicious Person

- A suspicious person was sighted at the rear of Shorts Hall at 9:42 p.m. on Sept. 18. The subject was reported as a white male with a slender build and long blond hair. He was said to be wearing a black T-shirt, baseball cap and white gloves.

Number of drunk in public charges since Aug. 28: 14

Number of parking tickets issued between Sept. 11 and Sept. 17: 761

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MONDAY @ 3:30

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September 14, 2000

Multicultural Workshop

Greetings! It is great to have the energy back on campus this fall, as we begin a new year at JMU. Last October, the Division of Student Affairs hosted a Multicultural Workshop open to the entire university community. Over one hundred students, faculty, staff and administrators participated in gathering ideas regarding how we might enhance our multicultural efforts. The event yielded excellent ideas, many of which have already been implemented and come to fruition.

I would like to invite all members of the JMU community to participate in our second Multicultural Workshop to be held on October 4, from 6:00 – 8:00 p.m., in Taylor 202. The purpose of the workshop this year is twofold: (1) to provide an update on the progress we have made on items generated last year, and (2) to identify other issues that should receive focus and attention this year.

Last year, through the collaborative efforts of students, faculty, staff and administrators, the university made positive strides in the multicultural arena. Examples include: the decision to cancel classes to commemorate the birthday of Martin Luther King, increased multicultural programming dollars, and the implementation of new minority student recruitment strategies. Although we have made some progress, there is still much work to be done.

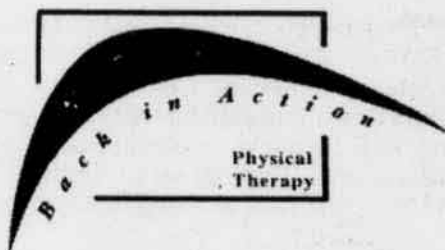
During the 1999-00 academic year, the university identified a set of defining characteristics that we would like to describe JMU in the year 2008. One of those characteristics states, "The University will seek a heterogeneous community to participate in a homogeneous JMU experience." The overall intent of the workshop is to enable us to move towards realizing this goal, as we advance closer to the centennial of our university.

JMU is enriched through the different backgrounds, perspectives and experiences that our students, faculty, staff and administrators bring to our community. By working together, we can continue to enjoy progress and truly advance the learning goals of our university.

I look forward to working with you.

Sincerely,

Mark J. Warner
Vice President
Student Affairs



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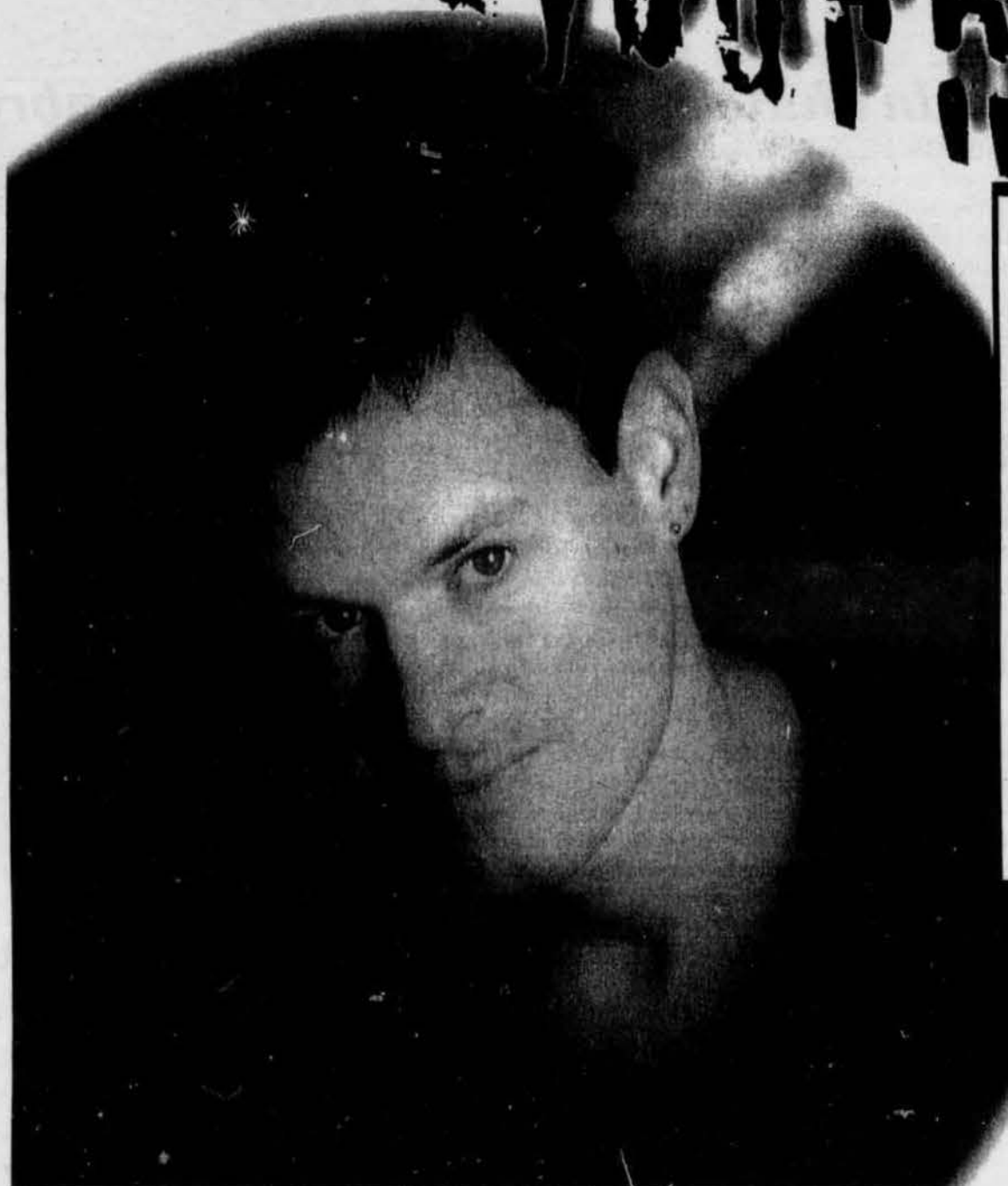
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OPINION



JAMES MADISON
BREEZE
UNIVERSITY

"To the press alone, chequered as it is with abuses, the world is indebted for all the triumphs which have been gained by reason and humanity over error and oppression."

—James Madison

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EDITORIAL POLICY

The house editorial reflects the opinion of the editorial board as a whole, and is not necessarily the opinion of any individual staff member of the Breeze.

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Letters to the editor should be no more than 500 words, columns should be no more than 800 words, and both will be published on a space available basis. They must be delivered to The Breeze by noon Tuesday or 5 p.m. Friday. The Breeze reserves the right to edit for clarity and space.

The opinions in this section do not necessarily reflect the opinion of the newspaper, this staff, or James Madison University.



HOUSE EDITORIAL

Rose shouldn't hide under alcohol abuse umbrella

Watch out students, the biggest umbrella you've ever seen is about to enclose JMU. It will shelter you from the storm, you'll suddenly feel that everything is perfectly fine, all the time.

Or, so that is what JMU President Linwood Rose would have you believe.

In the Sept. 18 issue of *The Breeze*, Rose addressed the JMU population with a statement based on recommendations from the Community Coalition. Within this statement, however, Rose also began the cover-up of the century by creating the alcohol abuse umbrella.

Alcohol abuse, which Rose has basically labeled the root of all evil, will now become an excuse for the riot and other recent acts of violence.

"We must address the underlying conditions that lead to party behavior that ultimately negatively influences those not directly involved with the party," Rose wrote.

He continued, "Alcohol abuse is a societal problem ... It is a JMU problem and we must attend to it."

"Alcohol abuse," he said, "is getting

in the way."

And thus, the cover-up begins.

This decree, which was followed with a lengthy list of why lack of sleep is a big problem for Rose, immediately avoids several issues at hand.

... *Judicially JMU has a habit of punishing scapegoats effectively.*

Rose conveniently avoids the fact that the Harrisonburg police may have a hand in the wrong doings at the Forest Hills riot. He immediately assumes that alcohol was the cause of the recent fight at the SAE fraternity, an incident in which the police have said that alcohol played a role, but the actual reasons have yet to be released, according to the Sept. 14 *Breeze* article.

In his article, he cautions, "I have not

written this statement to condemn."

However, in the cover-up process, Rose has now labeled JMU as a school with a serious alcohol abuse problem.

And the solution to the "alcohol abuse problem," stiffening up the judicial system is weak, because judicially JMU has a habit of punishing scapegoats effectively.

We think you'll find that down the road this "problem" will also be an excuse for any future altercations at JMU. Rose can explain that we have an alcohol abuse problem that we are working on as he allows more and more students to be admitted to the university.

Granted some JMU students may have alcohol abuse problems, however, using alcohol abuse to cover-up recent violent acts is not helping those who need it and only hurting those who don't.

So as the cover-up process takes stride, keep your eyes open wide, because the marvel of how these phenomenal public relations stunts take shape is an amazing thing to witness.

Spotlight Question: What's the best bathroom on campus?

CAMPUS SPOTLIGHT

JESSICA FOSSETT/contributing photographer



Stephanie Williams
sophomore, art

"I have a fear of all public bathrooms."



Mike Setti
junior, theatre

"That really tall tree out by Warren Hall because the leaves are so soft."



Laticha Fleming
sophomore, psychology

"I haven't found one yet."



Brycen Davis
junior, SMAD

"D-hall because they are so frequently used."

BREEZE READER'S VIEW

MARK SULLIVAN

Sullivan responds to Community Coalition column

It was in last Thursday's *Breeze* that I was asked, point blank, what is still unresolved about the Forest Hills incident that has been dominating our university's attention for the last few weeks. The author, Hilarie Nicolson, reminded us of the old saying, "beating a dead horse," inferring that actually discussing Forest Hills will get us nowhere. While the author makes an excellent point that reconciliation should be at the forefront of our discussion with the Harrisonburg community, I was stunned when she claimed that "the truth does not come by X-raying every little detail." It is this hasty, quick-to-fix attitude that has so greatly frustrated me and many of the students with whom I have spoken in the last week.

What's not to understand about Forest Hills? The answer is, unfortunately, a lot. If there is no reason to discuss the incident, why have over 100 students filed response forms with the Student Government Association describing their disturbing experiences? Why is my desk covered in complaints about excessive use of force

by the Harrisonburg Police Department, including the indiscriminate use of pepper spray, tear gas, stun guns, bean bag shots, batons and the threat of the use of firearms? Why have over 100 students taken the time to write down that there was no effective communication or instruction from police as to how to avoid the violence? Was all that violence necessary to arrest 17 people, only 12 of whom were students, for charges no greater than "failing to leave the scene of a riot?"

The incident at Forest Hills is important, and we need to talk about it. The reason is because the incident provides us with a glaring depiction of the deteriorating relationship between the university and the greater community. Nicolson is correct in stating that the Community Coalition is looking at broader issues of alcohol abuse by students and community safety. Forest Hills, however, serves as a microcosm of those issues.

I think, therefore, that it is nonsense to avoid talking about it. One question that many students are ask-

ing, prompted by Forest Hills, is this: "Is the Harrisonburg Police Department targeting James Madison University students?" The perception of many students with whom I have met is that the police are targeting them, and I would be greatly surprised if Nicolson has not come across this view in her dealings with students.

I have been in close contact with Colonel Harper, chief of police for the Harrisonburg Police Department, and have established a working relationship with a number of officers on the force. The officers I have met are honorable people. It is for this reason that I am confident we can discuss Forest Hills in an appropriate and reasonable manner, without the pressure of developing some quick fixes. The SGA is currently trying to set up a mediation process with the police and the city council to push for a greater understanding of the events of Aug. 25 and later. I look forward to working with the police and greater community to find answers to students' questions. Students have confided in the SGA with their concerns, and we

will continue to look for ways to address those concerns.

It is my belief that moving on simply to "get over it" does a disservice both to those innocent students who feel their civil liberties were violated and to those Harrisonburg residents who understandably, but unfortunately, distrust their JMU neighbors. While we should never condone the actions of those students who have broken the law in recent weeks, we must recognize that lists of arrests and charges do not provide the whole story.

It might be easy not to talk about Forest Hills, and to move on to the glorious future. I believe, however, as do many students with whom I have spoken, that there is no way to solve a problem until we talk about the problem. Finding the truth is a long, painstaking process. I would like to call the readers' attention to another old saying: "If we do not understand history, we are doomed to repeat it."

Mark Sullivan is a senior and the SGA president.

Send a Dart, Send a Pat

Darts and Pats

Darts & Pats are submitted anonymously and printed on a space-available basis. Submissions are based upon one person's opinion of a given situation, person or event and do not necessarily reflect the truth.



Dart...

A "who-do-you-think-you-are" dart to the arrogant jerk who shocked us with his cruel insults over a slight misunderstanding at a party this weekend.

Sent in by three junior girls who feel you're the rudest person they've ever encountered in their entire JMU careers.

Dart...

A "I'm-not-sure-who-should-be-more-embarrassed" dart to the camera happy boy who decided to stick my camera down his pants and take a picture at my birthday party.

Sent in by the unimpressed birthday girl and her roomies who just got their film back and were anything but happy to see the surprise.

Pat...

A "thanks-for-being-such-gentlemen" pat to the brothers of Delta Chi for all their help during sorority recruitment.

Sent in by the grateful Panhellenic women who appreciated the water and refreshing attitude that you provided each day.

Pat...

A "you're-amazing" pat to the guy on Newman Street who saved my weekend by tracking me down and returning my wallet.

Sent in by the flighty girl who will gladly treat you to a drink anytime.

Dart...

A "were-you-that-drunk" dart to the guy who decided to take my roommate's shoes and left his in my room.

Sent in by a bewildered junior who thinks you give new meaning to the "walk of shame" by walking home in a pair of girl's flip-flops.

Dart...

A "my-pillow-is-not-a-toilet" dart to the disgusting pig who peed through my window and onto my bed last weekend.

Sent in by a senior girl who is disgusted by your rudeness and thinks you should be punished by sleeping in your own urine.

Pat...

A "thanks-for-saving-my-butt" pat to Ted and Beth, who found my keys after I left them on the roof of my car, and put them in my car with a nice note.

From a grateful senior who was having a "flaky moment" and was happy that she was saved by some nice passers-by.

Pat...

A "thanks-for-getting-them-in-here" pat to JMU for showing all of these great movies at Grafton-Stovall Theatre before they come out on video.

Sent in by a freshman who was too cheap to go see the movies at full price this summer.

Harrisonburg Baptist Church

Sunday activities for College Students:

9:45am Sunday School
11:00am Worship
6:30pm College Chorale
7:30pm College Bible Study
Barbara Hollowell, Minister of Students

Worship Services:

Sunday 8:30am & 11am

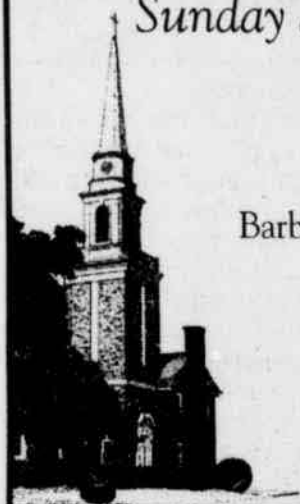
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Counseling & Student Development Center

Presents

Spotlight on Groups

The Counseling and Student Development Center is offering the following groups this semester. All groups are available to full-time JMU undergraduate and graduate students. These groups are usually limited to 8 members on a first come basis. Some of these groups will only be run if enough interest is expressed. All group involvement is confidential.

Students in Recovery - This group is open to students involved in the recovery process related to alcohol and other drug dependence. This group is intended as support for whatever recovery program you may already be working.

Adult Children of Alcoholics - This group is for children who grew up in families where alcohol and/or drug use was a problem. The focus will be on the common struggles faced as a result of growing up in this setting as well as the development of the skills necessary to overcome dysfunctional patterns.

Eating Disorders - This group is offered to students who are in various stages of preoccupation with food and thinness. The group will provide an opportunity to discuss issues related to eating and thinness, interpersonal relationships, developmental, and psychosocial issues.

Men of the Millenium - Group members will be able to discuss a variety of topics among a safe and supportive community of men from different cultural backgrounds. We explore relationships with our fathers, ways in which we are taught about manhood and masculinity, changing societal expectations of men, and how these factors impact our values, feelings, and beliefs.

PRIDE - A Lesbian, Gay, and Bisexual Support Group - This educational/support group allows students the opportunity to explore and share issues and concerns of lesbian, gay, and bisexual persons. The group also provides an opportunity to increase self-acceptance and respect.

Sisterly Relations - This group is designed for African American women to assist them with issues related to being an African American woman on a predominantly white campus. It is a support group that utilizes therapeutic techniques.

General Therapy - This group is offered to students dealing with issues, concerns, or problems related to various life circumstances. Development of personal identity, relationship issues, self-esteem, and emotional support are examples of issues appropriate for this group.

For more information, or to join one of these groups, contact the Counseling & Student Development Center at 568-6552 or stop by Varner House.

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BREEZE READER'S VIEW

RUSTY CARLOCK

JMU students to march in protest of actions by HPD

On Saturday, Sept. 23 at 1 p.m., a group of JMU students will march from the steps of Wilson Hall to the Harrisonburg Police Station and protest what has been a series of unacceptable actions by the Harrisonburg Police Department. I would like to explain why students have been driven to protest as a means of recourse and encourage any students who feel strongly about these issues to join the protest on Saturday.

We have all been saturated with commentary on the so-called "riots" of Forest Hills. We have all received Vice President of Student Affairs Mark Warner's admonition of student behavior via e-mail. We have all felt the increased police presence in off-campus student life this semester. A Community Coalition was formed to address these problems of community student and police relations. The progress of this coalition, however, has stagnated and little has been done

to address the problems of police behavior in our student community.

I agree that we, as students, must accept responsibility for the problems with community/student relations that have arisen this semester. However, I do not believe that students are the sole responsible party in these problems. When the police force of a small community like Harrisonburg shoots tear gas at innocent students and responds to a situation as common as an annual block party with such unprecedented and unwarranted force, there is at least some blame to be placed on the HPD.

In the meetings of the Community Coalition, students and the administration of JMU have come up with many ideas to curb student behavior and stop problems before they begin. Some ideas put forth in the meetings have been to register large student parties with the police department and to increase the number of police patrols in student housing. The police

department, on the other hand, has agreed to absolutely no proposals to curb their own behavior in their handling of student relations. The Community Coalition has tried to make amendments on all sides of the issue, but it seems the only restrictions the Harrisonburg Police Department is interested in making is on the students, not on themselves. Even JMU's administration seems to have decided to criticize student behavior while ignoring the accountability of the police department.

I believe JMU administrators should be advocates for students, not internal police that threaten us with statements like the one we received from Warner: "violations of the law will result in arrest and prosecution by legal authorities as well as sanctions under our university judicial system." I believe the rights of students should take precedence over university reputation.

I would like to point out that, for Rusty Carlock is a senior English major.

the most part, the Harrisonburg police do an exemplary job of protecting our community. I recognize their work as both honorable and respectable and I thank them for the difficult job that they do. However, there are actions of the HPD with which I disagree and I believe that the police department should be willing to respond to its internal problems, just as the student body should be willing to respond to problems within its ranks. The protest on Saturday will not be about police bashing. It will be about raising police awareness of student concerns so that the police may better protect and serve our community, which is, after all, their job description. If these issues concern you, I encourage you to join the protest on Saturday.

Staff Writer Workshop-Monday @ 3:30 p.m

For contributing writers interested in becoming staff writers.

Call Gina or Ali at x6127 with questions



The Hispanic Folk Ballet

Sunday, September 24

2:00 pm

Wilson Hall

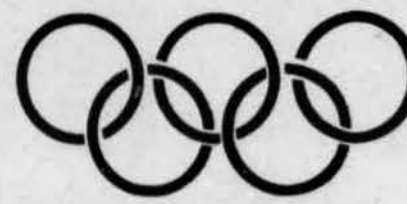
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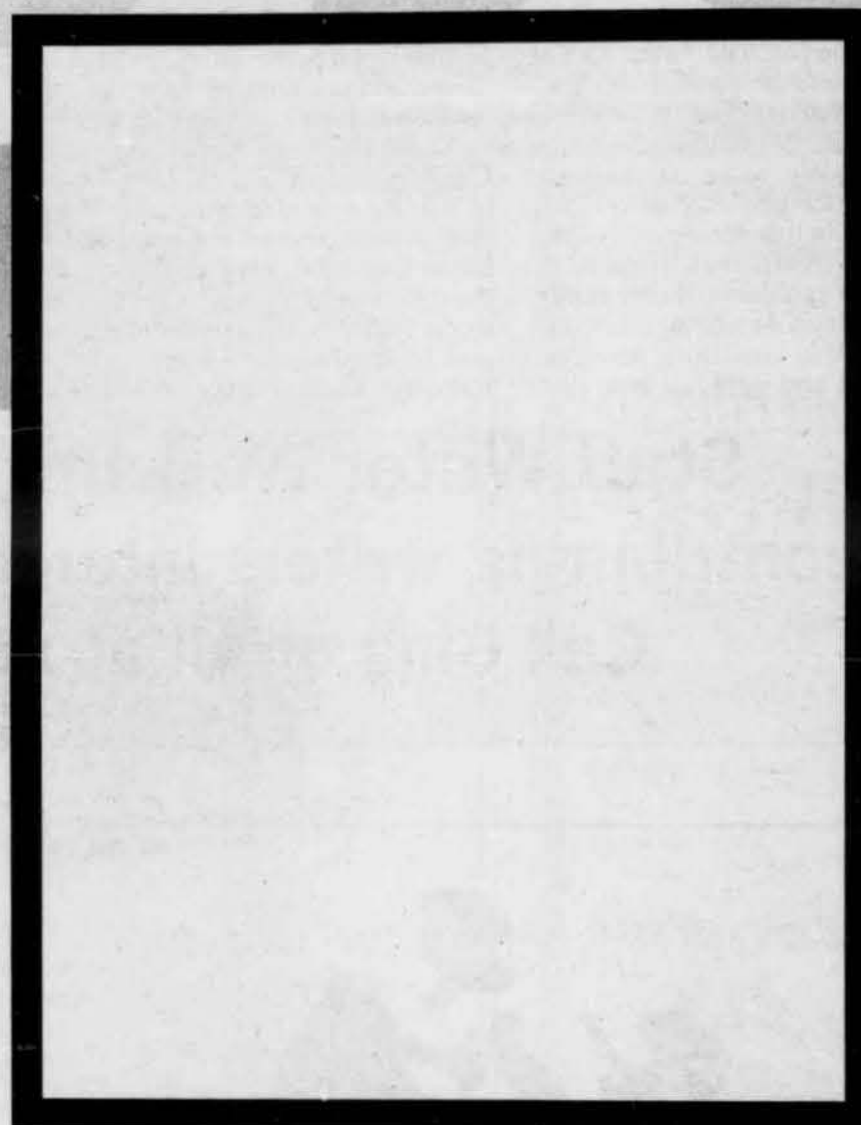
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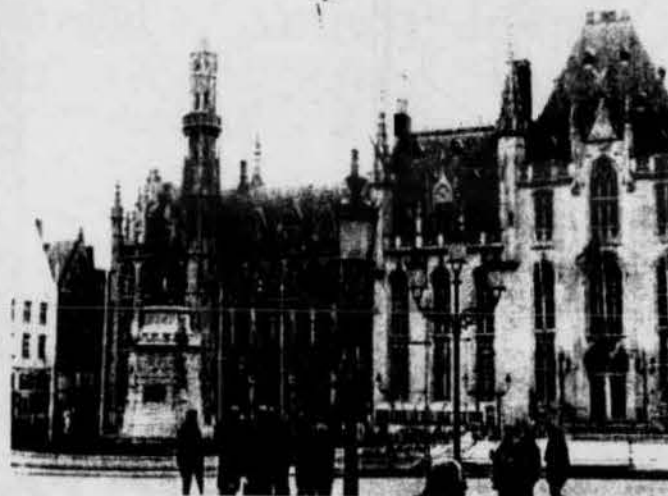
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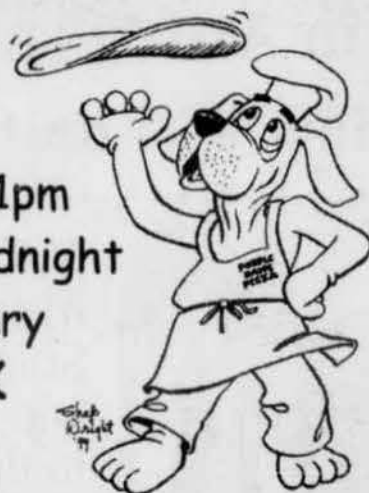
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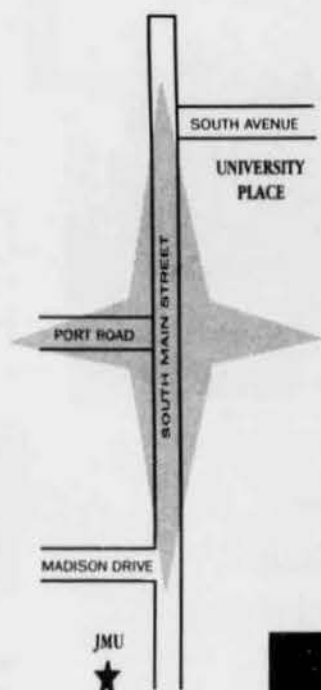
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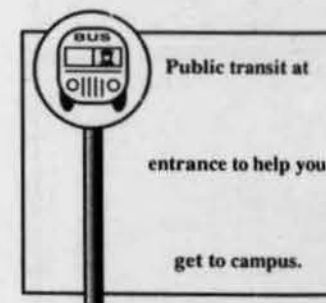
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Communication in the Classroom

Last year's winner of ISAT's Distinguished Teacher Award, Brenda Seal has a passion for her profession and teaching truly is her way of life

Story by Contributing Writer Kylie Cafiero
Photos by Contributing Photographer Brenna Bailey

On March 17, 2000, a day set to honor the university's legacy of James Madison, she was recognized before the community as one of the best. Dr. Brenda Seal stood before the auditorium in Wilson Hall and was presented with the Distinguished Teacher Award from the College of Integrated Science and Technology.

Douglas Brown, vice president for academic affairs, honored Seal and others as "people who contribute to our success as a university." Seal is not only active in the school community; she is also busy with other things as well.

A professor of speech pathology communication sciences and disorders, Seal teaches four classes.

Junior Rachel Costanzo, a student in her anatomy class, said, "Dr. Seal is so down-to-earth and real that she makes the class very comfortable."

Seal's students enjoy her class as she actively pursues the challenges of teaching. "I try to be the kind of teacher I would learn best from," Seal said. This means being well-organized, well-informed, having a sense of wit, and a willingness to witness.

Involved in much more than just teaching, Seal is constantly busy. After returning from a weekend at a state conference, one of the many she attends dealing with speech and hearing communication, Seal sat down to 39 e-mail messages on her computer. Seal is an academic adviser, serves on several

committees including the graduate advisory committee and the instruction committee for CISAT and is involved with research projects.

The two funded projects that Seal is currently working on deal with sign language. One project is a comparison study of the hand preference of deaf children acquiring British sign language to the data already collected on the hand preference of children using American sign language. The other project deals with "looking at methods that will improve the skills of sign language interpreters in Virginia's schools."

Sitting back in her office Seal looks right at home. Busily typing away a response to the latest e-mail she has received, she doesn't seem at all bothered by the interruption of a visiting student.

Perhaps this day will take her off-campus with her graduate students to supervise at local private schools, day care centers and preschool programs. Maybe her day will be full of teaching classes, consulting appointments or research. Either way she finds time to spare a moment to help a student.

"I love the higher educational schedule, though, with slow and fast periods," Seal said, "If every day were the same, I'd be terribly restless."

As if her course load at school isn't enough Seal is actively involved outside in the community as well. When the weekend comes around she is busy with her husband and two sons and is also a Sunday school teacher. While not working here on campus, Seal is one of about 80 national certified interpreters in Virginia who are called to serve in medical and mental health settings. She is also the author of a book on educational interpreting.

After returning from an elementary school in Staunton Seal prepares a report. She has just consulted with the speech pathologist of the school and was asked to observe a 10-year-old boy who has been struggling academically.

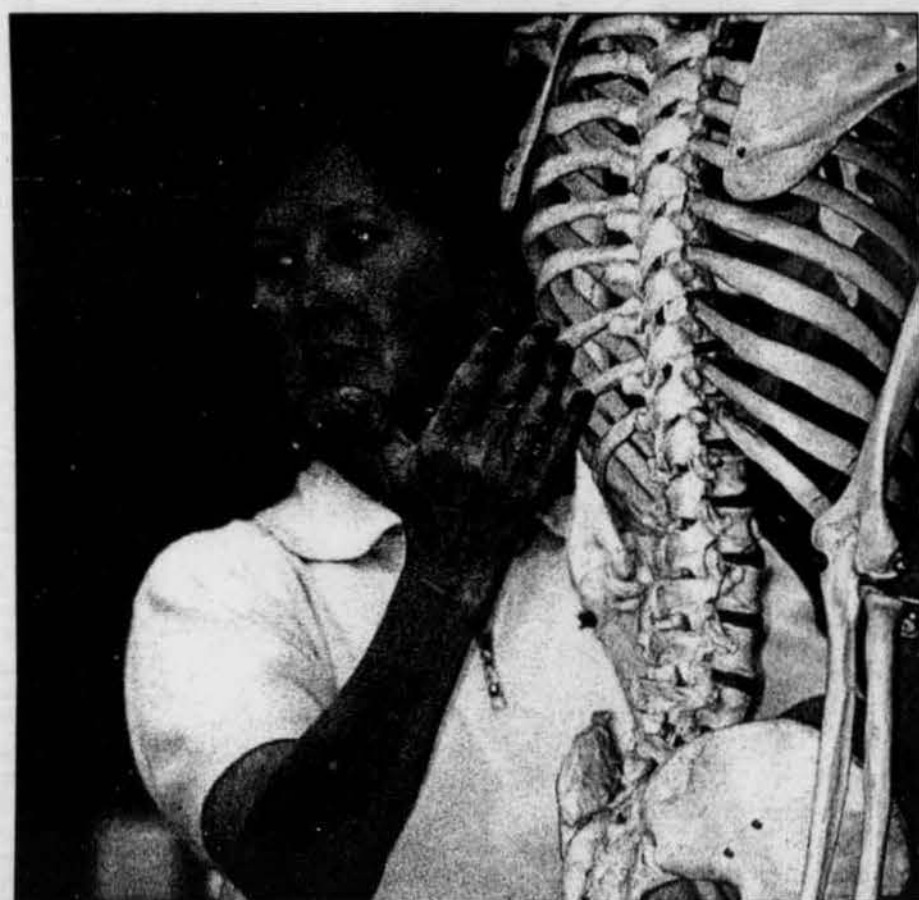
The boy tested average on standardized tests but was performing badly. Seal spent three hours with the boy, studying his intake of both sign language and English. The boy's parents are both deaf and initial prognosis is that he has a disorder that deals with acquiring language. Because his parents use sign language, he understands English more like a second language and is having trouble in school.

Seal's vast experience allows her to present her communication sciences and disorders classes with examples that come from real experience.

Junior Amber Bowling said, "Dr. Seal has so much knowledge in the field that it makes the class interesting. Her stories give examples we can relate to and make the class more personal."

Seal has been interested in speech and hearing disorders from a young age. Her mother lost her hearing at age 9, which means she had already acquired spoken language and can use a hearing aid. "Because I grew up in a household with hearing loss (amplified telephones, hearing aids, interpreting what

Brenda Seal bends over to help her students understand



Model skeleton always handy, Brenda Seal lectures her Communication Sciences and Disorders class. Seal prefers that they not take a lot of notes so they learn and remember with complete understanding.



in a demonstration intended to help the movement of the human body.

people had said or meant), I was naturally drawn to communication sciences and disorders," Seal said.

She explained that it wasn't until she found speech-language pathology and audiology as an undergraduate at Appalachian State University that she decided to major in it. She received a national merit scholarship to pay for graduate work. She finished graduate school at ASU during the following summers.

While working at the Virginia School for the Deaf and Blind as a second- and third-grade teacher, she finished her masters and became a speech-language pathologist. She later worked as a part-time faculty member here at JMU teaching sign language and joined the staff full-time in 1981.

Seal has lived in Harrisonburg, with her husband John, since 1973.

"I commonly tell friends that when work pulls me too much, I retreat to my family, and when my family demands pull too much I retreat to my work," Seal said. "I've been blessed to love in both directions."

CADAVEROUS ADVENTURE

Working with cadavers is not everyone's cup of tea, but Brenda Seal does her best to make the class comfortable and interesting for her students

Twenty-seven girls sat chatting in a classroom. Some talked about their day, others asked questions like, "What is the function of the posterior cricothyroid muscle?"

Last class they spent time observing dissection on a cadaver and soon they will be quizzed using a simulation model on the computer. The professor hurried into the classroom, placed pictures of cadavers in front of the class and asked identification questions. Students answered with ease and one can only hope the knowledge they have retained is the same for future doctor and nursing students across the country. However, these girls do not plan to follow the field of biology.

Seated in this classroom are future speech pathologists and audiologists, taking a required course for their major, Communication Sciences and Disorders. These students, who one day plan to work primarily with speech and hearing, study the anatomy and physiology of the body that allow us to communicate.

About 25 other classes utilize the cadaver lab located in Burruss Hall. However, this course (CSD 208) is different not only because of its concentration but also for the teaching

style of the professor, Brenda Seal.

Each class begins with an oral quiz given to five students in which the answers are given without using any notes. In fact, Seal encourages students to try not to take notes, promoting memorization by complete understanding.

Sophomore Kathryn Schultz said, "She uses examples that will always spark my memory. It made me realize how much I actually learn the material instead of just trying to catch the important parts."

In explaining the use of the buccal cavity, Seal said that it is not used in the English language. As a smile crept across her face she explained that those who use "Donald Duck" speech know how to use this cavity. She proceeded in trying to demonstrate this sound. After admitting she has never really been able to do the impression she opened the floor to the class. The girls looked around and softly tried the impression. Suddenly Donald Duck quacked quietly from the corner of the room. "That's it," Seal cried, as she has found the student making the noise. The girl proceeds with her impression as Seal proudly said, "Now she has talent!"

Junior Rachel Costanzo said, "Her style keeps things interest-

ing, because with other professors it [the material] could become dry."

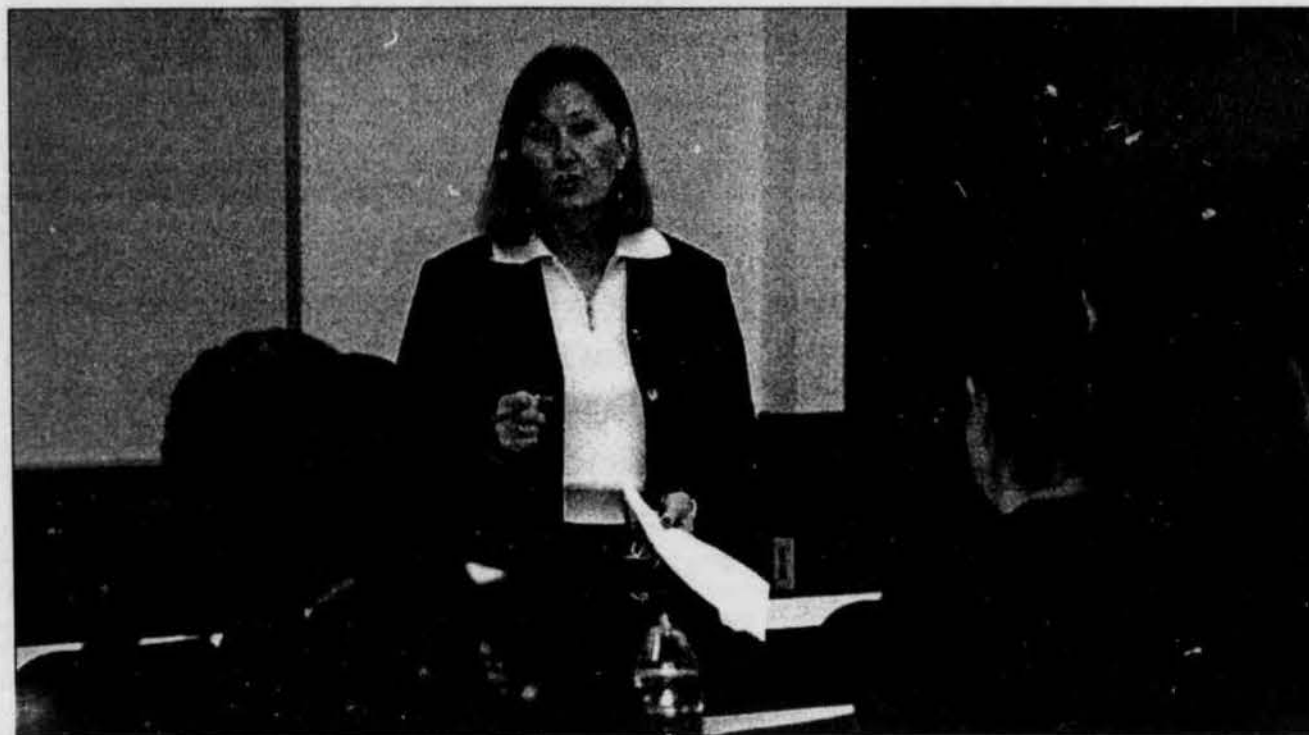
The material covered requires complete memorization. Locations and functions of the structures for respiration, phonation, articulation and audition are studied. The cadaver lab fits into the experience by helping students understand how speech is produced and how body parts function together.

"With each lab we look at a different section of the body," explains Seal, "the rest of the body is completely covered and this offers a desensitization for the students."

In one of their labs the students viewed the neck and the muscles that deal with speech. After presenting the lab in a step-by-step manner, first showing the outer layers and working inwards, Seal allowed the students to get a hands-on experience. Each student put a finger in the larynx to feel the vocal cords.

CSD 208 is a class required for all CSD majors. From cadaver labs to Donald Duck examples, Seal helps students understand the whole picture. She said, "if you [the student] can see what I'm saying then I'm making this real for you."

—Kylie Cafiero



Communication Sciences and Disorders 208, a required course for all CSD majors, incorporates both lecture and lab work into the class.

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STYLE

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MTV premieres new reality show, "Fear" tonight. Get your reality fix with a side of the supernatural

page 25

"I'd become a psychological mess for \$3,000."

ANDREW TUFTS, SPORTS EDITOR
See story page 25

International explosion of ethnic events

JMU's annual International Week blasts off with a cast of cultural happenings

BY KAI SAFRAN
staff writer

International Week 2000 kicks off this weekend with the third annual International Festival at Hillendale Park. The event provides an excellent opportunity for students and townspeople to share their diverse cultural heritages. The park will host an entertaining and educational mix of food, dancing, music, vendors and games on Saturday starting at noon.

"The Festival aims to impart a welcoming message to our newcomers," festival co-chair Mary Rubbery said. "Our goal is to foster an environment of tolerance, dignity and respect for all our residents." There is a free bus shuttle leaving the Godwin stop all day so everyone on campus can come.

Anyone who is still looking to party after the festival concludes can go to the World Jam in the PC Ballroom from 10 p.m. until 2 a.m. The Asian Student Union, Club Latino, Indian-Pakistani Student Association and the International Student Association have joined together to sponsor. Local deejays are going to spin the hottest mix of hip-hop, reggae, house and trance music in a club setting complete with two rooms of diverse sounds. For more information, contact club-latino@jmu.edu.

Sunday, International Week events get into full swing as the Hispanic Folklore Ballet is scheduled to perform at Wilson Hall at 2 p.m.

"The performance will focus on three regional areas in Mexico (Veracruz, Nortesio and Jalisco) and between dance segments, traditional dress will be modeled," said Christina Sanchez, assistant director of the Center for Multicultural and International Student Services (CMISS). "Following the dance performance, there will be a short lecture regarding the Hispanic movement in the United States."

International Week shifts into high gear Monday with a ceremonial flag parade through campus at 11:30

a.m. JMU President Linwood Rose will lead the procession from the Quad, as it winds its way across the grounds to the commons.

Even as the parade serves to enlighten and brighten up campus this Monday, the Study Abroad Fair will just be getting started in the PC Ballroom. From 11 a.m. until

3 p.m. there will be food, free gifts and prizes offered to entice students to explore study abroad options.

"It is an opportunity for JMU students to learn more about what their international options are for studying abroad, as well as interning, working volunteering, and travelling abroad," said Cheryl Tobler, assistant director of Study Abroad and Exchange Programs. There will be approximately 60 booths at the fair with options available for students all over the world. Of these 60 booths, approximately half are JMU-led programs, the others are programs available through international universities, U.S. universities, or study abroad organizations.

Tobler is also responsible for bringing the African Drum Show to the week's events. "This group performed at last years International Week and were a huge success," Tobler said. They will be performing on Tuesday from noon to 1 p.m. on the commons.

Tuesday, veteran actress Alma Martinez will speak in Grafton-Stovall Theatre at 7 p.m. Martinez is a motivational and positive speaker who will talk about her perspectives on "Hollywood as seen through the eyes of an outsider who struggles to break through their color barrier," according to CMISS.

An international bazaar opens Wednesday. "There will be the world flags on display on Hillcrest above the commons, music from WXJM deejays, vendors selling everything from jewelry to art and books, and all the multicultural student clubs and more tabling the area," said James "Stacy" Edwards, associate director of CMISS.

"International Week participants are enthusiastic about increased student participation in the event since it is designed to enhance our appreciation of such a variety of backgrounds on campus," Edwards said. "It is an opportunity for greater visibility and recognition of the inclusive and welcoming environment at JMU to extend beyond International Week."

see INTERNATIONAL page 31

INTERNATIONAL WEEK

schedule of events

Saturday, September 23

Harrisonburg International Festival
Hillendale Park: 12 p.m. - 6 p.m.

Sunday, September 24

Hispanic Folk Ballet
Wilson Hall: 2 p.m. - 3:30 p.m.

Monday, September 25

International Parade
The commons: 11:30 a.m. - 12:30 p.m.

Study Abroad Fair

PC Ballroom: 11 a.m. - 3 p.m.

Martial Arts of Asia: Hahnenman Karate
Taylor 405: 5 p.m. - 6 p.m.

Tuesday, September 26

International Opportunities for Faculty
Taylor 405: 5 p.m. - 6 p.m.

Alma Martinez

Grafton-Stovall: 7 p.m. - 8 p.m.

www.jmu.edu/international/iweek2000

Wednesday, September 27

International Bazaar
The commons: 11 a.m. - 1 p.m.

International Country Dialogues

Taylor 402: 6 p.m. - 7 p.m.

Thursday, September 28

Morocco's National Ping Pong Champion
The commons: 12 p.m. - 1 p.m.

Madeline McNeil Celtic Music

Anthony-Seeger Auditorium: 6 p.m. - 7 p.m.

Friday, September 29

International Dance Theater
PC Ballroom: TBA

Saturday, September 30

JMU World Cup Tournament
UREC Turf Field: 9 a.m. - 7 p.m.

MICHELLE JOHNSTON/senior artist

A 'Hymnal of Dream'-[like] quality

BY KELLY SCOTT
contributing writer

The Zirkle House New Image Gallery's latest exhibit, Elijah Gowin's "Hymnal of Dreams" presents photography that makes an impressive use of lighting, yet the themes are not always clear.

Gowin said he wants onlookers to "fish out interpretations." According to his artist's statement, "Often narrative, these dream-like images present some story, question, or struggle that the viewer is invited to enter and wonder about."

"Exposure" is such a piece, with striking lines of sight comprised of various and seemingly unrelated items. One first notices the set of two light bulbs on the right. Following the direction of one bulb and Gowin's own stare (he's also in the picture), one spots the set of light bulbs to the left, only to be

redirected by one of the bulbs to look central at the object resembling the nose of a bomb, set off from the foreground in an almost surreal distance.

In an alternate manner, "Try to Remember Tree" employs a large dark object as its main focus, forcing the eye against its natural tendency towards light.

"Try to Remember Tree" is more a try-to-forget tree with hubcaps hung like Christmas ornaments on the dark mound of sticks catching just as much light as its "stem" of liquor bottles. The tree also gets more out of focus towards the top, creating an overall mood of meager means and uncertainty.

"I have always considered my Southern roots to provide a true sense of home and place," Gowin said. "Such Southern roots are clear in photos such as 'Bottle Tree At Night,'

Based on an old southern tradition that bottles hung on trees will keep away wicked spirits.

"Bottle Tree at Night" spotlights a fallen box on the ground next to a bottle tree on the left. The photo refutes superstition with three narrow wooden planks at the mouth of the open box, all with snakes painted on them, next to a pair of outstretched human legs.

This overly-contrived setup works like a bad pun: it feels constructed and unable to capture just as much meaning in a natural environment. Other questions linger such as what is the dark trail of wetness leading away from the scene and what is its source. Ambiguity drawn from everyday subjects seems to be a common Gowin technique.

"This constructed landscape, although alluding to the

past, is about searching for meaning in the present. How we handle, arrange, and value objects and archetypes reflects other contemporary states of mind," Gowin said in his artist's statement.

Whether based on contemporary or past meanings, the piece "Ritual [in Snow]" includes a seemingly random assortment of objects placed on a stand next to a wooden building. A dark trail of well-worn footprints through the contrasting white snow lead around the building.

Whatever the purpose of the articles, one can relish in the contrasting lines, textures, and shapes selected.

Elijah Gowin's exhibit is a bit unusual, yet his poignant use of lighting and various symbolic messages are worth checking out. The exhibit runs through Sept. 29.



CARRIE KLINGER/photo director

Elijah Gowin's "Explorer" uses light and dark imagery to create surreal distance.



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Madison Ala-Car-Zam:

Decorate your car in purple and gold and register it on the Commons
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Banner Contest:

Show off your organization's JMU spirit by decorating a banner.
Registration information can be picked up at FYI or in Wilson 215.

For more information contact: Jill Zagora at zagorajd@jmu.edu or visit
the Homecoming website for a complete listing of events at: www.jmu.edu/alumni/HC2000.html

There's nothing to fear but 'Fear' itself

BY MEGHAN MURPHY
assistant style and focus editor

Are you afraid of the dark? After watching the first episode of MTV's new reality show, "Fear" tonight you just might think twice about what's lurking behind the shadows after you turn out the lights.

It's no surprise that the hip TV channel has created "Fear" considering all the hype centered around reality shows such as "Survivor" and "Big Brother," especially since MTV is in part responsible for the success of this genre with their shows "The Real World" and "Road Rules."

The success of the shows can also be attributed to the general public's need for something they can relate to. In our technologically advanced world we crave something real and these shows satisfy that craving. For example, we refer to casts of "The Real World," "Road Rules," "Survivor" and "Big Brother" by their first names. We know actual facts about their lives; Rudy ("Survivor") is a Navy Seal from Virginia Beach, Pablo ("The Real World: San Francisco") was a homosexual living with AIDS. These are not roles actors have been asked to play; they're absolutely real. Unlike fictional shows, the characters continue to play these parts long after the cameras are turned off.

"Fear" matches these shows in that the cast members are all referred to by their first names and identified by some basic facts about themselves: Christina is the "Celtic Catholic" who practices Wicca, Ariana is a film student, Steve likes country

music, Ryan is a dancer who admits to being afraid of the dark, Derek is a bartender who likes to sing and Lauren is a fashion student.

Unlike the other reality shows, there is no film crew. The cast has been supplied with cameras they attach to themselves so the audience essentially sees everything they see. It can best be described as "Blair Witch Project" (minus the annoyingly unsteady camera) meets reality show, only the cast will not live on a deserted island in the South China Sea, nor will they be supplied with a fashionably decorated house in a major U.S. city.

The cast will be transported (blindly) to the West Virginia State Penitentiary which closed in 1995 and has been said to be one of the most supernaturally active places in the country — perhaps due to the fact that there were "more killings on the 10 acres of land than most places in the United States," according to prison records clerk, John Massie. Think HBO's prison drama, "Oz."

The first episode of "Fear" begins with the cast members each telling viewers about themselves and what little they know about what they are about to do. They all know that the project is to be spooky, but none of them really take it seriously. There are expectations of a haunted house or woods, but no one suspects a prison.

"I don't know what I'm doing here," Ariana said in a lighthearted manner during the introductions. "I don't know if this



is a great idea." The blatant carefree attitude is downright paradoxical compared to the absolute terror the cast is to experience.

The participants stay in the prison's chapel, a sort of home-base, which has been furnished to house them for three nights. They must sleep during the day and complete assigned tasks at night. They can leave the complex at anytime, but those who choose to stay all three nights are rewarded with \$3,000 cash.

There are six locations the participants must explore, including the "Hole," a chamber rumored to be a torture room; the infirmary, where it is said that a prisoner was mysteriously stabbed 65 times; the death row chamber, where one of the participants must pull the tarp off the electric chair; and the "Sugar Shack," an underground chamber with an eerie painting of an upside-down pentagram on the wall (this is another torture room where misbehaving inmates were supposedly beaten to death and, according to former inmate Jerry Collins, Satan was working overtime).

Six people who have never met, in a place they have never been, there to determine if it is haunted.

No cameraman, no crew. Only a prison surveillance system.

They filmed their own experiences.

They were alone.

The place is real. All people are real. All the events are true.

Tune in and test your scaredy-cat quotient when MTV airs its new show "Fear" tonight at 8 p.m.

Would you wander around the abandoned West Virginia State Penitentiary for \$3,000?	53% of the "Breeze" staff said "YES."	Two people said they might do it if the prize was for more than \$3,000.	"I'd become a psychological mess for merely \$3,000."
	47% said "NO"		"\$3,000? I'd do it for \$300!"

Madonna's new CD is *Music* to the ears

BY ZAK SALIH
contributing writer

If you could hook up listening devices to your internal organs and just listen for a few minutes, you'd probably hear something similar to the mechanical beats and rhythms that punctuate Madonna's latest album, aptly titled *Music*, the follow-up to her 1998 Grammy winning album *Ray of Light*.

Underneath the various vocal distortions Madonna exhibits, there is a pulsing flow, a mix of electronic and popular techno that is at some times sensual and soothing and at others times frenetic and forceful.

Each track contains something unique, something that catches the listener and drags them in, be it the rising and falling of Madonna's voice at awkward moments during the second track, "Impressive Instant," or the contagious beats of the title track, "Music," also the first single which was released mid-August.

To create this unique sounding record, Madonna has re-teamed with William Orbit, the man who helmed the techno undercurrents that boosted Madonna in a new direction from her previous albums. This time, however, Orbit takes a back seat, producing only three of the 10

tracks ("Runaway Lover," "Gone" and "Amazing"). The rest is in the hands of French dance maestro Mirwais, who brings another level to Madonna's style.

This is exactly what sets *Music* apart from the plethora of industrial-techno albums taking up space on the CD racks. Madonna and Mirwais provide the album with soul and emotion. Like *Ray of Light*, the lyrics go beyond the normal pop music as seen in "Impressive Instant": "cosmic systems intertwine/astral bodies drip

like wine/all of nature ebbs and flows/comets shoot across the sky/can't explain the reasons why/this is how creation goes."

The only shame is that sometimes the magnificent lyrics (along with that entrancing voice) are lost underneath overpowering beats and vocal distortions.

The downside of the new album is that the music videos might not be on par with *Ray of Light*. While the music video for "Music" was entertaining, filming in a nightclub is about as far as a director can get with this material.

Music can only be listened to, not seen on MTV or VH1. It belongs in underground dance halls, booming from car speakers, home stereo systems and personal CD players.

This record makes the body move; its uncanny the force it imbues the listener with, the way appendages sway with a life of their own. That is the mark of a great dance album.

Call it "pure dance" or "techno with soul" but the truth is that despite the mild shortcoming of muted lyrics, Madonna's *Music* will be getting a lot of play at dances and parties for months to come.

“Music can only be listened to, not seen on MTV or VH1. It belongs in underground dance halls, booming from car speakers, home stereo systems and personal CD players.”

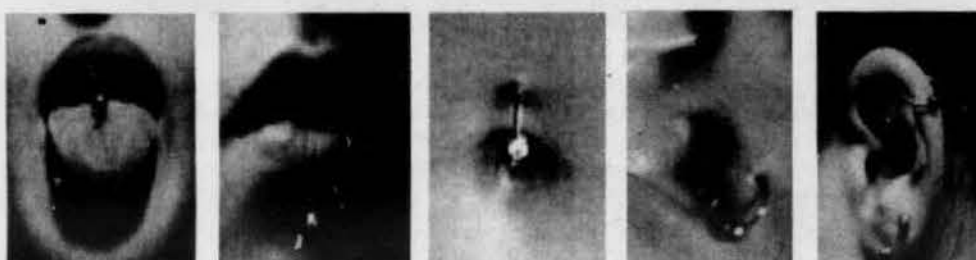


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JMU International Week: September 23 - October 1

'Blood Simple': Simply enjoyable

BY ZAK SALIH
contributing writer

"BLOOD SIMPLE"
RATED R
RUNNING TIME:
97 MINUTES
☆☆☆

After a tense confrontation with his wife and her lover, a principal character in "Blood Simple" storms angrily to his car and peels down the street.

Moments later, the car roars back down the opposite end of the street. Both wife and lover watch him pass by. "I'd love to have seen his face when he hit that turn-around," the lover says.

Moments like this, punctuated with sharp, witty humor, elevate the newly remastered and re-released 1984 film, "Blood Simple" to more than just a simple story of murder and revenge. For their first film,

brothers Joel and Ethan Coen (who would later go on to direct "Fargo" and "The Big Lebowski") have spun a typical tale of infidelity and its often violent results. Frances McDormand plays Abby, the wife of bar owner Julian Marty (Dan Hedaya), who has an affair with one of her husband's bartenders, Ray (John Getz). Suspecting something is amiss (as most deserted partners do in these kind of movies), Marty hires a private detective (M. Emmet Walsh) to follow her.

When the affair between Ray and Abby is confirmed, Marty then hires the private detective to kill them both for a tidy sum of cash. It is here where "Blood Simple" takes the viewer head over heels.

Does the private detective follow through with his orders? Does he have a more hidden agenda? Is Ray somehow in on the plot?

Who can be trusted?

The questions are endless and best left unanswered, for it is in these contortions of character and agenda where the Coen brothers shine, pulling the unexpected and sometimes even the expected with shocking mercilessness.

There are hundreds of ways to die in the Coen brothers' universe, all of them brutal and, in the end, well deserved by the characters subjected to them.

What burdens the film at various points are the deadpan, sometimes lifeless performances by Frances McDormand and Getz as the two lovers. At some points, under heavy pressure from outside forces, the tension is lost because the plight of these characters is downplayed by their weak performances.

The true stars of the film are the villains (or are they villains?): Hedaya and Walsh. Hedaya immerses

himself in his character, making him both an evil conspirator and a wounded husband.

At various points, one can see the conflict of emotion moving behind his face, how the pain of the affair leads to the plot to kill his wife. Walsh as the private detective lumbers around, speaking in a half-drunken slur, clothed in a bright yellow jacket and pants, spitting taunts and smoking rolled cigarettes in true "corrupt-detective" fashion.

Keep in mind, this film was originally released in 1984. The film being shown, now is the director's cut, with some scenes trimmed to speed up the pace.

Regardless, "Blood Simple" is a treasure from the past, taken out and polished for re-release, though unlike most treasures, its refined surface hides a shadowy, sometimes disturbing, and always engaging movie.

Moviegoers get 'baited' by 'The Watcher'

BY ANTHONY MARCHEGIANO
senior writer

This weekend saw little fire at the box office, as most of America's attention was directed toward the flame down in Sydney. The weekend's box office draw was one of the worst to date. Movie studios blamed the beginning of the Olympics as the reason why America didn't make it out to theaters. Well it could be that, or it could be the fact that there are no movies out there that have the potential to draw in people.

For those who braved the trip to theaters, most watched Keanu Reeves newest thriller, "The Watcher." This serial killer film pits Reeves as a stalker who is 'watching' Marisa Tomei, James Spader is the cop out there trying to stop him. This corny flick brought in \$5.7 million, upping its ten-day total to \$17.4 million.

Jamie Foxx opened his new crook-caper flick this weekend. "Bait" sputtered at the box office as it opened with a mere \$5.5 million. Critics blasted the action-comedy, as it is Foxx's attempt to follow the footsteps of Eddie Murphy's "Beverly Hills Cop" or to a lesser extent, Martin Lawrence's "Nothing to Lose." However it doesn't look like this flick will come close to their success.

"Bring It On" had another surprising week, bringing in \$5.1 million. This teenage comedy has surpassed expectations and has made a remarkable \$50.9 million.

Other recent releases that seem doomed for mediocre success continued this weekend. The dark comedy "Nurse Betty" added to its gross and is now at \$13.6 million. Wesley Snipes newest "The Art of War" has only mustered up \$27.4 million at the box office, while the newly released "The Way of the Gun" has made a pitiful \$4.3 million in ten days.

The only bright spot of the weekend was Cameron Crowe's newest flick. The "Jerry Maguire" director has made a memoir of sorts with his newest film, "Almost Famous." Dreamworks launched Crowe's newest in limited release this weekend, and saw positive returns.

Playing in only 131 theaters, the story of a teenage reporter covering a rock tour in 1973, made an impressive \$17,669 per location.

The film has been praised by critics across the board, and will be released to 600-800 more theaters this weekend and should be in 1,600 by the weekend of September 29.

Coming this weekend to theaters nationwide is the sequel "Urban Legend: Final Cut," and the reissue of the horror classic "The Exorcist," which has been digitally remastered and includes never-before-seen footage.

TOP 5 MOVIES

- 1 "The Watcher" \$5.7 million
- 2 "Bait" \$5.5 million
- 3 "Bring It On" \$5.1 million
- 4 "Nurse Betty" \$4.7 million
- 5 "What Lies Beneath" \$2.3 million

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The Artful dodger							
The Biltmore	Deejay	Kelly May Brown			Free Wings		Acoustic
CALHOUN'S	Splatt	Calhoun's Jazz				JMU Jazz	S. Hawkins Band
FINNIGAN'S COVE	Jon Fritz					Jon Fritz	
The Highlawn Pavilion	Ladies Night	Deejay	Q101 - ladies free				Crazy Daze
Key West beach bar & grill	College Night	Best Body Contest	Rave Party	Caribbean		Rasta & Wings	Ladies Night
The little Grill							
Mainstreet bar & grill	Ladies Night	Fabulous Friday's ladies free	Funny Money \$12 at door			Open Mic Night	Jazz Poets Society \$5 w/ JAC
BW3	Kelly May Brown 11 p.m.						Todd Schlabach
Dave's Taverna						Greg Ward, Chad & Holly	Jazz 8 p.m.

RYAN PUDLOSKI/graphics editor

All shows begin at 10 p.m., unless otherwise noted

compiled by TASHA HAMMON/staff writer

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SPORTS

The Little Big Man

Like Gordon, Hurricane Goins
tearing up the East Coast
Page 33



"He has a huge amount of
courage and heart."
GEORGE BARLOW
running backs coach
page 33

V-ball tops Highlanders, 3-0

BY JEFF COLSH
contributing writer

The women's volleyball team wanted to make sure the Radford bus driver had plenty of time to warm the bus up before they took it back home.

The Dukes, now 8-3 on the season, finished off the Highlanders in a marathon third game Tuesday night in Sinclair Gymnasium in front of more than 300 fans.

Rallying from 13-9 down and staving off six game points, the Dukes went on to win the game 18-16 completing a 3-0 victory.

JMU took the first two games by 15-6 and 15-8 scores.

"I thought it was a solid performance," coach Disa Johnson-Garner said. "Our team has really come together well this year."

The Dukes returned only five players from last year's CAA championship-winning team, but the leadership of seniors Karla Gessler (8 kills, 4 digs) and Sara Leveen (1 kill, 1 ace, 1 dig) have

helped the youth rise to the occasion.

"Our returners have done an excellent job helping this team come together," Johnson-Garner said.

One of the six newcomers for the Dukes is defensive specialist Jamie Booth, a walk-on sophomore.

"Everyone communicated real well," Booth said. "We're starting to get a good feel together."

"I could see everyone working real hard and everyone wanted to win. We really wanted to win in three."

The Dukes certainly were on their way as they took early control of the match from the short-handed Highlanders (8-3).

Radford was without two players due to injury, including their returning setter.

JMU dominated the first set, staking to leads of 7-2 and 10-5 before finally taking the game.

In the second game, the aggressive serving and hustle of the Dukes kept Radford off-balance.

Along with the eight aces served, JMU also tossed up nine errors.

"We want to be known as an aggressive serving team and you tend to have a few more errors in order to be effective," Johnson-Garner said.

One of those with the hot serving hand was sophomore Jessica Evers, who served the match point.

"I knew as long as I got the ball over and in I could trust my teammates to finish the play," Evers said.

The Dukes dominated the play at the net. Everyone, inside and outside hitters, was involved in a balanced attack, Johnson-Garner said. The catalyst of this dominance was freshman setter Lauren Ruzicka.

"That was only her third match but she's doing a great job," Johnson-Garner said. "She's got a real natural act for her set choices."

The Dukes hope to continue their winning ways this Friday and Saturday at the James Madison Invitational in Godwin Hall. Their first match is Friday against the Pirates of Seton Hall at 7:30 p.m.

THIS WEEK IN JMU SPORTS

FRIDAY, SEPT. 22

- Volleyball begins its JMU Invitational vs Seton Hall at 7:30 p.m.

SATURDAY, SEPT. 23

- Men's soccer plays at North Carolina-Wilmington at 7 p.m.

- Volleyball continues the JMU Invite vs Howard at 10 a.m. and Virginia Tech at 7 p.m.

SUNDAY, SEPT. 24

- Field Hockey hosts North Carolina Chapel Hill at 1 p.m.

PICKS OF THE WEEK

Week # 3

Season total.....
Last week.....
Winning percentage..



Andrew Tufts
sports editor
20-13
6-5
.606



Tom Steinfeldt
news editor
19-14
4-7
.575



Travis Clingenpeel
asst. sports editor
18-15
4-7
.545



Xris Thomas
photo editor
16-17
6-5
.484



Gina Montefusco
da boss
20-13
4-7
.606

Guest Predictor

NFL

Washington at New York G	New York	New York	New York	Washington	New York
New York J at Tampa Bay	Tampa Bay	Tampa Bay	Tampa Bay	New York	Tampa Bay
Jacksonville at Indianapolis	Indianapolis	Indianapolis	Indianapolis	Jacksonville	Jacksonville
New England at Miami	Miami	New England	Miami	Miami	New England
Kansas City at Denver	Kansas City	Denver	Denver	Denver	Denver

COLLEGE

Tennessee at Pittsburgh	Tennessee	Tennessee	Tennessee	Tennessee	Tennessee
Notre Dame at Michigan St.	Michigan St.	Notre Dame	Notre Dame	Michigan St.	Michigan St.
Michigan at Illinois	Michigan	Michigan	Michigan	Michigan	Michigan
UCLA at Oregon	UCLA	UCLA	UCLA	UCLA	UCLA
Clemson at Virginia	Clemson	Clemson	Clemson	Virginia	Virginia
Miami at West Virginia	West Virginia	West Virginia	Miami	Miami	Miami

Not only did Hurricane Gordon ruin the weekend for Tampa natives, but it also kept the Desert Fox from working on his bikini-zone. Couple that with his poor performance in last week's POTW, and it's easy to understand the pissed look in his face.

Fortunately for Travis, the rest of the crew did equally as poorly, leaving the door wide open for Drew to take his rightful place as the line leader. The biggest move of the week came with his Dallas-over-Washington pick, which was called "pure balls" by some critics.

As for the X, a 6-5 performance had "The Red" and Desert Fox scratching their heads wondering how a multicolor-haired photographer could possibly beat them. This week X is looking for a giant overthrow as he's gone out on a limb as the only one picking Washington and the Jets.

Even our guest predictor, Monty (a pure football illiterate) was wise enough to go with the G-men and the Bucs. Gina brazenly admits that she knows more about crochet than sports. Hopefully she'll bring some honor back to the "Guest Predictor" spot, which was blatantly disgraced last week.

**MTO Breakfast**

Shmuffin Breakfast Sandwiches	
Egg & Cheese	1.09
Ham, Egg & Cheese	1.49
Steak, Egg & Cheese	1.49
Sausage, Egg & Cheese	1.49
Bacon, Egg & Cheese	1.49

MTO Nachos

Nachos Bueno	1.79
(nachos & cheese. Add jalapeno peppers free)	
Nachos Grande	2.59
(nachos with your choice of cheese, chili, salsa, jalapeno peppers, onions, black olives, tomatoes, green peppers, and sour cream)	

MTO Subs

	Jr.	Half 6"	Whole 12"
Cold Cut	1.49	2.79	4.79
(ham, salami, bologna)			
Italian	1.79	3.19	5.29
(pepper ham, capicola, genoa salami, provolone cheese)			
Club Combo	1.89	3.39	5.69
(roast beef, turkey, ham)			
Ham	1.69	3.19	5.29
Turkey	1.89	3.29	5.49
Roast Beef	1.89	3.29	5.49
Salad Sub	1.79	3.29	5.49
(tuna or chicken)			
Egg Salad Sub	1.49	2.49	4.98
Veggie	1.39	2.49	4.98
Cheese	1.49	3.19	5.29
Custom	1.79	3.19	5.19

MTO Deli Sandwiches

Ham & Cheese	2.89	Tuna Salad	2.99
Turkey & Cheese	2.99	Cheese	2.89
Roast Beef & Cheese	2.99	Custom	2.99
Egg Salad	2.49	Veggie	2.49
Chicken Salad	2.99		

MTO Hot Subs

	Jr.	Half 6"	Whole 12"
Steak	1.79	3.29	5.29
Meatball	1.59	2.59	4.59
Chicken	1.99	3.39	5.79
Pepperoni	1.39	2.49	4.29

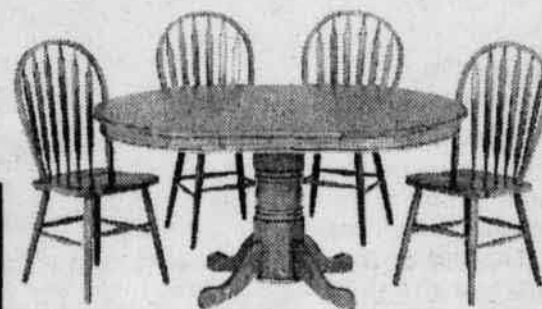
MTO Salads

Garden Salad	2.39	Taco Salad	3.39
Chef Salad	3.39	Roasted Chicken Salad	3.79
Tuna or Chicken Salad	3.59	Caesar Salad	2.49
Chicken Caesar	3.99	Caesar Side	1.49

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International Week bursts with culture

INTERNATIONAL, from page 23

During the bazaar, Morocco's national ping pong champion, senior Rida Belkoura, will display skills of the sport on the commons.

Wednesday closes with a panel discussion entitled, "America through Our Eyes" presented by Gary Beatty, associate director of admissions. "Often an international student will make a comment about America or Americans that will surprise me. Their comments may deal with the food Americans eat to the way Americans purchase things. These observations will cause me to wonder if these characteristics are unique to the American culture," Beatty said.

He said his motivation to hold the panel is to discuss items that surprised international students about America.

Thursday's schedule brings Celtic musician Madeline MacNeil to the Anthony-Seeger Auditorium. The concert will feature MacNeil on both the hammered and mountain dulcimers.

Friday's lunch hour on the commons welcomes the best of JMU dancers who will be performing different styles of international dance from noon until 1 p.m.

More great dancing and music PC Ballroom. Taste of Thai will cater the event, which includes performances by JMU alumna Angel Perez and guest (Spanish music-piano/song); Gina Kudrav and Cheryl Tobler (guitar & flutes of the world); Professor Charles Harris and Karen Harris (ballroom dancing); the JMU Folk Dance Club; and Miramar (middle-eastern belly dancer). Tickets are \$5 for students and \$10 for the public and are available from the CMISS in Warren 245.

International Week is again hosting the JMU World Cup on Saturday, Sept. 30 at UREC on the turf field. Interested teams and players representing different continents will compete from 9 a.m. to 7 p.m. Anyone interested may sign up in Warren 245 or contact Christina at sanchece.

International Week at JMU offers activities for everyone and is representative of many cultures to learn more about the festivities visit the International week Web site at www.jmu.edu/international/iweek2000 or call 568-6273.

The festival, which is largely made possible by volunteer support, is still seeking volunteers. Interested students can contact Jessica Mattis by e-mail at attisjr.

All events are open to the JMU and Harrisonburg/Rockingham communities.



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GOINS IN 4.4 SECONDS

MICHELE JOHNSTON/
senior artist & senior photographer

BY KHALIL GARRIOTT
contributing writer

Brannon Goins is not one to let a good opportunity pass by.

The sophomore redshirt tailback has made the most of his chances so far, and anyone who knows him easily recognizes his "never-say-die" attitude and his relentless pursuit to succeed — both on and off the football field.

"He's a great kid and a welcomed addition to the team," running back coach George Barlow said. "As he's practiced more, he's become a very good player. He's very coachable and the ultimate team player."

The 5-foot-6-inch, 190-pound transfer from West Virginia University has indeed earned the respect of many already this year. His blazing speed and elusive ball carrying skills have made him the Dukes' leading rusher through three games. Goins attributes his success to others, sharing the spotlight with those around him.

"Offensively, we're meshing in nicely," Goins said. "We got to know each other real well over the summer, the defense is playing well also."

The beginning

It is not surprising that Goins has accomplished as much as he has this season. Coming off a rookie season with the Mountaineers in which he had flashes of brilliance but saw limited playing time behind a standout running back, Goins sat out the 1999 campaign and earned an extra year of eligibility at JMU.

"I knew I wouldn't get many opportunities to play that year, so I had to vacate," the Rockledge, Fla. native said.

Coach Mickey Matthews and his staff didn't complain, welcoming the addition to a team forced to replace the legendary Curtis Keaton ('00), last year's leading rusher and Atlantic 10 Offensive Player of the Year. The Cincinnati

Bengals took Keaton in the fourth round of the 2000 NFL Draft.

Goins said that he and the other running backs on the team don't even think about having to fill Keaton's shoes.

"I think we will do just fine, as long as we continue to rotate [running backs] and keep fresh legs out there," Goins said.

Sharing playing time in the backfield with Goins are senior tailback Delvin Joyce, junior fullback Robert Carson and junior tailback B.J. Minor. Together, Goins, Joyce, Carson and Minor spear a four-headed running attack that has opponents scratching their heads for solutions to slow the Dukes' running game. Would-be Lock Haven and Liberty tacklers had multiple opportunities to see the back of Goins' #5 jersey sprinting downfield for more yardage.

"They will all get the same productivity combined as [Keaton] did last year, and they'll all help us win the rest of our games," Barlow said.

In the season opening 72-0 thrashing of Lock Haven on

later, Goins and the rest of the offense clicked again, resulting in a 38-7 victory. Goins gave credit to the offensive line and good play-calling.

"I knew [Lock Haven] wasn't going to be able to put up with what we had on both sides of the ball," he said. "The Liberty game was more of a test."

A welcome homecoming?

However, in Saturday's disappointing 26-7 defeat at the hands of the South Florida Bulls, the team struggled, amassing just 55 rushing yards to USF's 169. Even Goins had trouble getting it going, rushing just 13 times for 17 net yards.

The players and coaches knew that they would be in for a test against the Bulls, who will play in Division I-A's Conference USA next year. Going into the contest, JMU was ranked #13 in the country among Division I-AA teams.

"I wanted to go out there and play well," Goins said before the road loss. "Their defensive front played very well and we couldn't establish the run, which then altered our passing game."

Saturday's game was a homecoming of sorts for Goins, who grew up about two hours from Raymond James Stadium in Tampa, Fla. Although the Dukes didn't come away with a win, it was the first time some of the 23,000 people in attendance were able to see how Goins has developed since his days at nearby Rockledge High School. And, despite the outcome, Goins had the chance to play in the home stadium of his favorite NFL team, the Tampa Bay Buccaneers.

Speaking of favorites, Goins' favorite NFL player is former Detroit

Lions' running back Barry Sanders. Not only are they alike in physical stature, but Goins patterns his running style after that of Sanders, considered by many as arguably the best running back ever. Utilizing his strength and speed (Goins

benches 340 pounds and runs a 4.4-second 40-yard dash), the similarities between he and Sanders are unparalleled.

The man under the helmet

Off the football field, Goins is a fun-loving, easy-going person. In his free time, he likes to hang out with his roommates, who are also football players. They are: outside linebacker Derrick Lloyd, middle linebacker Derick Pack (last season's No. 1 tackler) and strong safety Ron Atkins (last year's second-leading tackler). The four get along quite well, and Goins considers his relations with fellow players important to the team's overall success during games.

"I get along well with everybody; we are like one big family," he said.

If he could describe himself — both as a football player and as a person — with just one word, Goins picked "unique." Those around him agree with this opinion, and for good reason.

"Off the field, he is very personable and all the guys on the team like him," Barlow said. "He has a great sense of humor, always makes something good out of every situation, has a distinct love for the game and is tremendously hard-working."

"He has a huge amount of courage and heart, which helps him excel on the field as well."

As is the case with most sports, bonds among players are important for the team to reach its full potential. As Goins puts it, the offense says, "Family on three" in the huddle every now and then in order to stay focused and practice team camaraderie.

"We plan on standing by each other, trying to win every single game," Goins said. "You have to be a family out there [on the field]."

A big part of establishing a "football family," in Goins' opinion, is being on the same page as

the coach. Goins says the player-coach relationship between he and Matthews is very good, and has had no problems adjusting to his teaching style.

"He is a great coach," Goins said. "We get along really well and he knows how to treat his players, he's very straightforward."

Goins is certainly a standout athlete. Also a baseball star in high school, Goins has plenty of natural athletic ability to add to the Dukes' football program. His statistics are a reflection of how hard he works to get better, and he is quietly becoming a team role model through his football accomplishments.

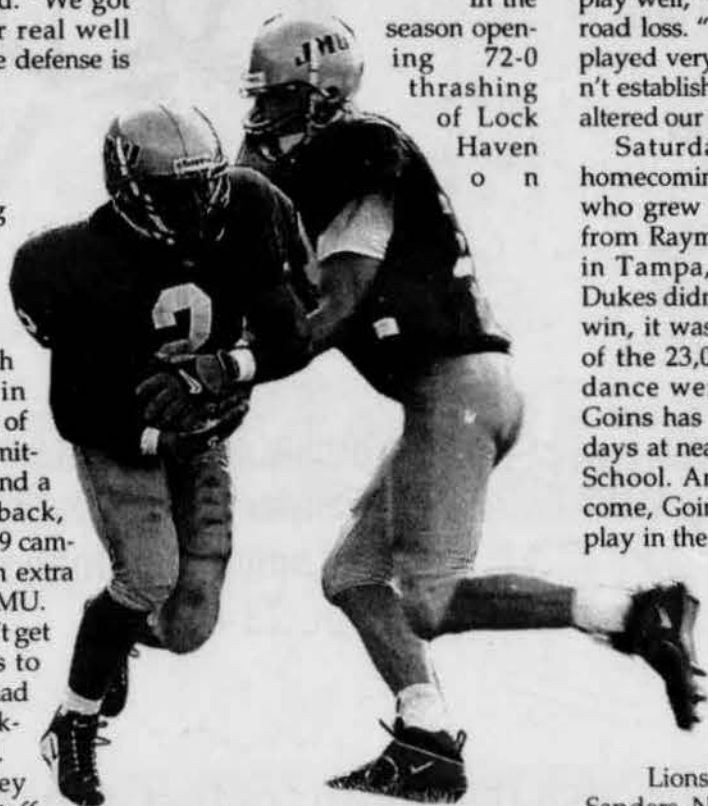
The present and future

He is currently first on the team in rushing yardage, with 315 yards, 7.0 yards per carry, 105.0 yards per game and two touchdowns — which ties for fourth in scoring. In addition, he is tied for third on the team in receiving, with 43 yards, 6.1 yards per catch and 14.3 yards per game. Goins is also the team's leader in all-purpose yardage, and his 358 total yards are good enough for second on the team in total offense.

The Dukes are looking to advance deep into the postseason this year, hoping to erase memories of last year's 27-7 loss to Troy State University in the NAAs. However, one thing that should not be in doubt come playoff time is the status of Goins, who is certain to take advantage of whatever opportunities come his way.

"My goals are to take it game by game and to win each game," Goins said. "Every Saturday I just go out and play as hard as I can."

That's a scary thought for future opponents.



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- Photo must have been taken in a country other than the USA!
- No more than three entries per person
- Entries must be received by the CMISS office (Warren 245) by 4 p.m. on Thursday, September 21!

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Winning entries will be on display in Carrier Library during JMU's third annual International Week (Sept. 23-Oct. 2)!



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SPORTS

FIELD HOCKEY

The Dukes suffered their second loss of the year on Sunday as the Blue Devils of Duke defeated JMU 3-2.

Both teams posted 11 shots on goal but Duke dominated on penalty corners, scoring all three goals on the penalty chances.

Senior **Liz Sanders** scored both goals for the Dukes, both unassisted.

The loss drops ninth-ranked JMU to 5-2.

MEN'S SOCCER

The Dukes defeated Vanderbilt in the final game of the Vanderbilt/Puma Classic, 2-1.

Senior **David Wood** scored the winning goal at the 77:38 mark and was named the tournament MVP.

The Dukes out shot the Commodores 14-4 despite having just four corner kicks to Vandy's 5.

JMU next travels to the University of North Carolina-Wilmington on Saturday.

WOMEN'S SOCCER

Tuesday's game against Georgetown was postponed due to weather conditions and was rescheduled for Tuesday, Sept. 26 at 7 p.m.

MEN'S X-COUNTRY

The Dukes opened the season by placing second among 23 teams at the 22nd Annual Spiked Show Invitational.

Seniors **Mike Fox** and **Eric Post** finished second and third respectively in the field of 278 runners. The team next competes at George Washington University a week from Friday.

WOMEN'S X-COUNTRY

JMU finished with a third-place team finish at Penn State's Spiked Show Invitational.

Junior **Michelle Smith** led the Dukes with a fourth-place finish in a time of 21 minutes, 24.16 seconds.

Senior **Keisha Banks** finished 15th with a time of 22:01.82.

MEN'S GOLF

Last weekend JMU hosted its annual invitational and finished third among the 17 participating teams with a total score of 289-301-590.

Junior **Chris Cope** was the individual tournament champion with a final score of 68-73-141. Cope finished in a four-way tie but won the second playoff hole to capture the title. JMU next plays at UNCW on Oct. 2-3.

SPORTS CLUBS

Men's Water Polo

The men's water polo team traveled to the University of Richmond last weekend for their first tournament in league play. The team finished 1 and 3 by defeating Duke in overtime. They also defeated Richmond, the second-ranked team in the nation, by one goal (in the third quarter).

Women's Water Polo

The women's water polo team beat Virginia Tech 15-1 in a Sunday scrimmage at UREC.

Men's Rugby

Men's rugby defeated the University of Maryland 36-8 on Sept. 9 thanks to three tries from senior fullback Chris Mania. This Saturday they take on Virginia Tech at 1 p.m. on Godwin field.

Men's Basketball

Tryouts for men's basketball will be held this Saturday and Sunday at UREC from noon to 2 p.m.

Atlantic-10 Game Day Standings

	A-10 Overall	Win %
New Hampshire	2-0	1.00
Delaware	1-0	1.00
Richmond	1-0	.66
UMass	1-1	.50
James Madison	0-0	.00
Maine	0-0	.00
Villanova	0-0	.00
Northeastern	0-0	.00
William & Mary	0-0	.00
Rhode Island	0-0	.00

Last Week's Record

Richmond 31, UMass 10
Villanova 41, Norfolk 0
Furman 34, William & Mary 10
Delaware 44, Hofstra 10
Maine 38, Howard 21
South Florida 26, James Madison 7
New Hampshire 24, Northeastern 7

Saturday's schedule

Dartmouth at New Hampshire
Maine at Villanova
New Haven at UMass
Northeastern at UConn
William & Mary at Central Florida
Rhode Island at Hofstra
West Chester at Delaware

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Minimum requirements: Any combination of education and experience equivalent to graduation from college with major coursework in aquatic management, parks and recreation administration or related field.

Special Requirements: Must possess current certifications in Lifesaving, Water Safety Instructors, CPR, First Aid and the ability to obtain a Pool Operators License.

Application Deadline: October 19, 2000.

Application Form: Application forms may be obtained from the City Manager's Office, 345 S. Main Street, Harrisonburg, VA 22801 or the VA Employment Commission located behind Valley Mall. Application forms may also be downloaded from our website: www.ci.harrisonburg.va.us. Submit applications to:

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When: Thursday, September 21
Time: 6 pm - 8pm
Where: Taylor 405
What: Welcoming Reception

U.S. nationals and internationals at JMU are brought together once a month to participate in CE programs such as: day trip to DC, international dinners, cultural performances, etc.



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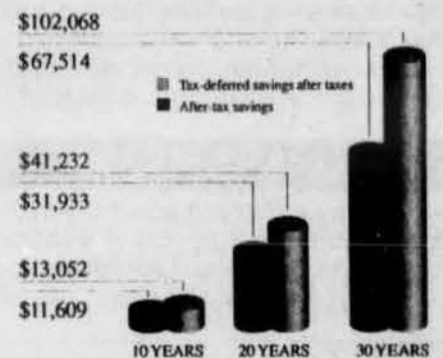
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HOROSCOPES

Today's Birthday — Friends can help your career, and getting a better job could lead to more friends. Experience and luck are major factors in your success. Decide what you want in September. Quick wits lead to a lucky break in October. A surprising development sends you back to the drawing board in December. The work's a challenge, but you love it in February. Relocation expands your options in June. Look sharp to attract important friends in July. Move quickly to gain more status in August.

Daily rating: 10 is the easiest day,
0 the most challenging.

Aries (March 21-April 19)

Today is a 5 — You could get a burst of energy, but be careful. You could take off in the wrong direction. Think about your priorities again and rearrange them, if necessary.

Taurus (April 20-May 20)

Today is an 8 — Some days your brain just works better, and this could be one of them. Reassess a problem that's had you stymied. You may think of a way around it or find a book that helps.

Gemini (May 21-June 21)

Today is a 6 — If you're buying something for your home, you may have to spend more than you planned. Only do that for the highest quality. If this product lasts long, you'll make your money back.

Cancer (June 22-July 22)

Today is a 7 — You should get a lucky break, so watch for it. Something you've recently learned could come in handy, especially in an argument. The other person may feel confident, but that doesn't necessarily mean that he or she is right.

Leo (July 23-Aug. 22)

Today is a 6 — Don't be distracted by a person you'd like to know better. There'll be time for that over the weekend. Meanwhile, finish something you promised.

Virgo (Aug. 23-Sept. 22)

Today is a 7 — Others admire you for your wit and discretion. Your courage is being talked about, too. They'll be glad to help if there's work to be done. Let them know what you need, quickly.

Libra (Sept. 23-Oct. 23)

Today is a 6 — Take care of details and keep a low profile. The more you finish, the better. An older person could ask for an accounting, and you want to be ready when that happens.

Scorpio (Oct. 24-Nov. 21)

Today is a 7 — Place that long-distance phone call now, instead of waiting for tomorrow. Your conversation could make a difference in the plans both of you make. Don't relax your guard.

Sagittarius (Nov. 22-Dec. 21)

Today is a 6 — Over the next few days, conditions will ease. Meanwhile, a test must be passed. Schedule your celebration for this weekend, but don't relax yet. Make sure the facts and figures are at your fingertips.

Capricorn (Dec. 22-Jan. 19)

Today is a 7 — A partner may get through where you tried and failed. If so, don't feel bad. There's more than enough to keep you busy; delegate as much as possible. If you keep track of what's going on, you'll still get credit where credit's due.

Aquarius (Jan. 20-Feb. 18)

Today is an 8 — Stop giggling and get serious. You have to finish some work before you can play. You should have big plans for this weekend. Don't get distracted from a job that must get done.

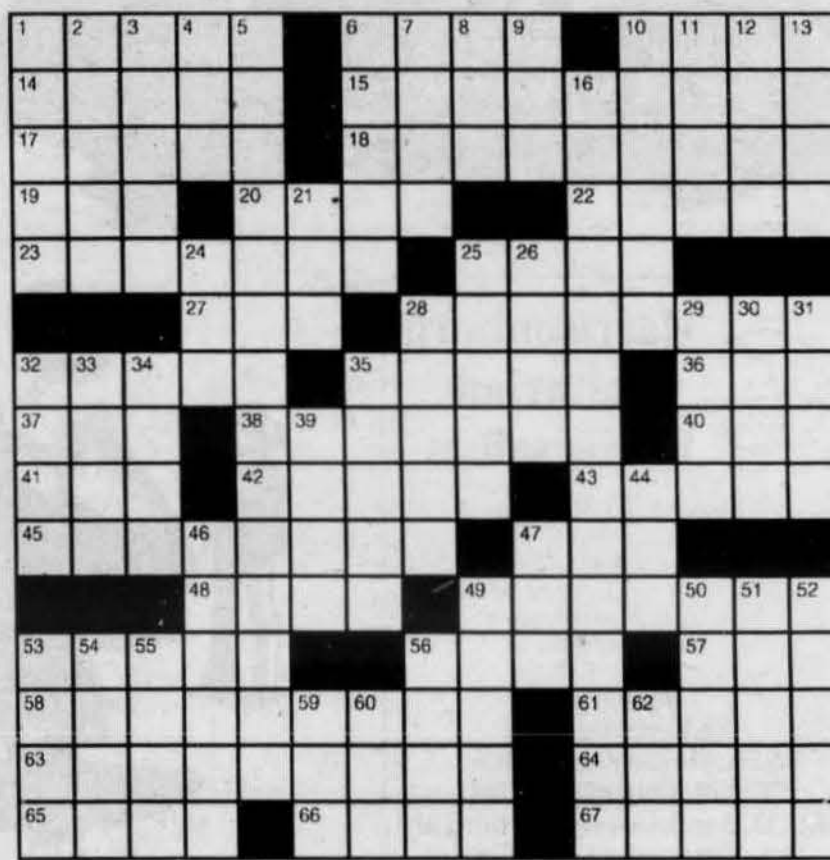
Pisces (Feb. 19-March 20)

Today is a 7 — You might feel shy, but you can power through it. Don't let worries interfere if action needs to be taken. Follow the lead of a person you trust. Also, keep your brain in gear, just in case you need it.

—Tribune Media Services

CROSSWORD PUZZLE

- ACROSS**
- 1 Change a timer
 - 6 Brick oven
 - 10 Le Pew of cartoons
 - 14 Loathe
 - 15 New York waterway
 - 17 Actor Reeves
 - 18 Predatory
 - 19 Make a mistake
 - 20 Dumbo's wings?
 - 22 Sierra _____ Mountains
 - 23 Cook in a wok
 - 25 Lost traction
 - 27 _____ Ridge Boys
 - 28 Watchful and alert
 - 32 Dog's warning
 - 35 Vacillate
 - 36 Night before
 - 37 Actor McKellen
 - 38 Inquire
 - 40 Brown shade
 - 41 Illuminated
 - 42 Roy's Dale
 - 43 Clamorous
 - 45 Taking on as one's own
 - 47 Dos Passos trilogy
 - 48 Marine shockers
 - 49 Swift-running bird
 - 53 Wound marks
 - 56 Affirm positively
 - 57 "Norma _____"
 - 58 Judge
 - 61 Playwright Clifford
 - 63 Assaults
 - 64 Baseball teams
 - 65 She sheep
 - 66 Pricey stones
 - 67 V-formation flock



- 8 Rim of a cup
- 9 Trawling device
- 10 Public march
- 11 Writer Bagnold
- 12 Jack of talk-shows
- 13 French she
- 16 Rallying
- 21 Noah's vessel
- 24 Horizontal lineup
- 25 Turns around
- 26 Pre-Easter season
- 28 Yet to be paid
- 29 Himalayan bigfoot
- 30 Tanguay and Gabor
- 31 Withhold
- 32 _____ monster
- 33 Sudden attack
- 34 Not taken in by
- 35 Connery and O'Casey
- 39 Wicked
- 44 Paddle
- 46 Dangers

SOLUTIONS TO LAST WEEK'S PUZZLE:

W	A	L	L	S		T	G	I	F		C	A	S	T
E	Q	U	I	P		A	R	A	L		A	M	M	O
T	U	L	S	A		B	O	N	U	S	S	P	I	N
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R	O	A	C	H		I	R	E	N	E		S	R	O
U	N	S	T	U	C	K		R	O	M	A	N	O	V
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K	N	E	E			C	O	R	E		I	R	A	N
O	D	O	R			I	N	S	T		N	A	R	C

- 47 Function
- 49 Hot boxes
- 50 Peace goddess
- 51 Actress Phoebe
- 52 "Demian" author
- 53 Vault
- 54 Bird's crop
- 55 Competent
- 56 Part of a molecule
- 59 Obvious toupee
- 60 Learn like a monkey?
- 62 Conk out

GEEKS UNITE



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PERSONALS

Friends of Survivors/Male Support Group - offered through the Office of Sexual Assault and Substance Abuse Prevention beginning in early October. If you are interested in participating, please contact Mike at blanchmy@jmu.edu. Confidentiality will be respected.

Good Job to All Those Who Participated - in recruitment this year. Congratulations to all of our newest Baby Violets. We are so excited to see all of you and wish you the very best of luck with your new member period. Love, Tri-Sigma.

RMH Volunteer Services

Deadline to apply for volunteer service this semester is Sept. 24.
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Attention JMU Ladies - Are you no longer interested in "college boys"? If you prefer to date guys your own age, then I am not the one for you. But...if you prefer someone more mature, then read on. What I am looking for: to start with, an available female (not someone who wants to cheat on her boyfriend). Height-wise: let's say 5'1" to 5'7", average build, and of course, cute. I am looking for a girl to hang out with, and have some fun doing the simple things in life. Going out for a nice dinner, going to movies, and I'm open-minded to doing whatever you like to do. Are you tired of "cheapskates", or guys who are just broke? Myself, I enjoy spending money on a woman. If we are going out, you will not need a dime. Now a little bit about me. Here's the good news: I am not fat, not ugly, and not a psycho. I'm just a guy who is not interested in hanging out in bars, and tired of meeting women my own age who have tons of baggage. I am 31 (although the last person that guessed my age, guessed 27). I live in Harrisonburg, and I have no kids. I keep pretty busy, but can always make time to spend with a special lady! And know this, I am not a playboy, and I am not looking for 10 girlfriends. Just one girl to spend some time with and have as a part of my life. It is no fun coming home to an empty house every night. I know in my heart that the right woman would add much happiness to my life. Could that person be you? If interested, contact me at agoodguy4you@hotmail.com.

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Stoney -

get over here quick.

She's about to take
her top off.

-Bob

Steamtunnels

September 22, 2000

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2000 Olympics

The Ones to Watch



Also in this issue: Olympic technology breakthroughs | Collegians at the Olympics | Net addiction: How real is it? | New music from Fastball and 16 Horsepower | Affirmative action: Is diversity dead? | Web site feature review: Free long distance | Also reviewed: study24x7, lushcanada, cybertip, privacy.net, Sydney2000, iVillage, musicmaker, nutrio, nbcolympics.

Born to Run

Marion Jones, the world's fastest woman, has a chance for 5 gold medals in Sydney.

By Marni Greenberg

All eyes are on Marion Jones at the 2000 Olympics. She's already the World's Fastest Woman, a title she claimed by winning the 100-meter final at the World Championships in Athens in 1997. "She started crying right away," her husband C.J. Hunter told an interviewer. "It was quick though. It was Marion. She even cries fast."

Sport: Sprints and long jump

Age: 24

Height: 5' 9"

Weight: 150 lbs.

Born: October 12, 1975 in Los Angeles, Calif.

College: Graduated from the University of North Carolina in 1997 with a B.A. in Communications

Married: Shot putter C.J. Hunter on October 3, 1998

Residence: Raleigh, North Carolina

Goals: 5 gold medals at the Sydney 2000 Olympics—accomplished only once before (Finnish runner Paavo Nurmi, in Paris in 1924)

Coach: Trevor Graham, a Jamaican Olympian



Jed Jacobsohn/Allsport

Trains: Only with men, including 400-meter star Antonio Pettigrew

Income: Earned nearly \$750,000 in prize money in her last two meets alone last season

Three-Peat: First woman in 50 years to win the 100-meter and 200-meter dash and long jump at the USA Championships.

Speed: Clocked a best time of 10.65 seconds in the 100 and 21.62 in the 200—both in Johannesburg.

Record: Undefeated in every competition since her last one of the year in 1998, when Heike Drechsler of Germany beat her in the World Cup long jump. •

Ones to Watch

These students just happen to be Olympic athletes—watch for them in Sydney.

by Erin Dionne

Jenny Keim

U.S. Olympic Diving Team
University of Miami

Sydney marks Jenny Keim's second visit to the Olympics. The first time, at age 16, she placed 9th on the springboard in Atlanta. A University of Miami senior, Keim actually retired from diving after the 1996 games, and only took it up again when she was offered a scholarship to Miami. "I figured that it would be a great way to get through school, but I never at that point had any dream of [going back to the Olympics]. But once I was on the boards again...you can't just dive and not give it your all."

This year she's diving in the 3-meter springboard competition, and as the 2000 NCAA National Champion in the 10-meter platform, she has the experience to bring home a medal.



Ed Moses

U.S. Olympic Swimming Team
University of Virginia

Ed Moses started taking his swimming seriously as a high school senior, when he won the 1998 Junior National Championship in the 100-yard breaststroke. In the two years since he's raced to the top of his sport, breaking world records three times at the 2000 NCAA Championships. Currently a student at the University of Virginia (majoring in athletic training), Moses takes to the water in Sydney in the 100m and 200m breaststroke. His sights are set on success.

"As far as my expectations for Sydney, they haven't changed. I went to Virginia this year expecting a gold in Sydney."



Lorrie Fair

U.S. Olympic Soccer Team
University of North Carolina

She was the youngest person on *that* team. At 21, Lorrie Fair helped make history as part of the 1999 Women's World Cup team, and she was the only member of the team to have—and take—her last year of NCAA eligibility that fall. She played for the North Carolina Tar Heels and helped them to a total of three NCAA Championships in her four years. Fair was an alternate for the Olympic team in Atlanta, so the Sydney games will be her first time playing for gold.

When she was 13, Fair received an autographed poster of Michelle Akers, the now-retired star of women's soccer. The picture still hangs above her bed. "Michelle was the only girl role model I had," Fair said.

Now she's the role model.

continued on page 4



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Main Office

220 Boylston St., Suite 302
Chestnut Hill, MA 02467
tel (617) 964-5060
fax (617) 964-5065
info@steamtunnels.net

Advertising Sales

Empire State Building, Suite 3920
350 Fifth Avenue
New York, NY 10118
tel (212) 404-7455
fax (212) 404-7460
advertising@steamtunnels.net

Web Development

37A 29th Street
San Francisco, CA 94110
tel (415) 401-1560
fax (415) 206-1409

Email: You can send email to any Steamtunnels staff member by typing the person's first initial and last name, followed by @steamtunnels.net.

MEET THE STAFF



Brian Mackle
Content Producer

Brian works in the Steamtunnels San Francisco office, juggling several projects at a time and making sure everything runs smoothly. His numerous responsibilities include producing and laying out graphics for the web site, providing support for our web advertising programs and laying out the Steamtunnels newsletter. In his free time he helps provide tech support for our campus representatives and manages the Steamtunnels web marketing and affiliate programs.

School: California Polytechnic State University, San Luis Obispo, CA

Major: BS in Landscape Architecture

Hobbies: playing guitar, snowboarding, camping

Most recent job: Regional Manager, Environmental Care, Inc.

Favorite web sites: hyperreal.com, wired.com, coolhomepages.com

Genevieve Robertson
Contributing Writer



Genevieve digs up most of the lists and boxes found in Steamtunnels. On a weekly basis she researches such varied topics as why freshmen leave college and the top ten highest-grossing movies. A graduate of Emerson College's MA program in Publishing, she also writes fiction and poetry and has been published in several magazines. Look for her boxes, as well as articles on the digital divide and Internet filmmakers, in future issues of Steamtunnels.

School: Western Washington University, Bellingham, WA. BA in English with a concentration in creative writing

Origins: West Coast girl through and through—from Seattle, born in Oregon.

Pets: Cat named Elmo who weighs 17 lbs

Favorite web sites: wired.com, insound.com, suck.com, bornmag.com and for the horoscopes—astronet.com

Steamtunnels' Dorm Decorating Contest!

Is your whole room covered in purple velvet? Does your idea of décor include bar mirrors and twinkly lights? Show us! Send Steamtunnels a picture of your decorated dorm and we'll award a prize to the coolest room out of all entries received by October 13, 2000. Email digital pictures to editor@steamtunnels.net or send them to Steamtunnels, 220 Boylston St, Ste. 302, Chestnut Hill, MA 02467. Each week we'll post our favorite entries on our site for you to check out. Click on steamtunnels.net for complete rules and submission guidelines.

In next week's issue

Steamtunnels personality profile: Meet the authors of the *Worst-Case Scenario Survival Handbook*, Joshua Piven and David Borgenicht.

Web site feature review: Freebie web sites

Plus: First-Time Buyers Guide for Handheld MP3 Players, lots more

On the Cover

Clockwise from top left: Ed Moses (© Donald Miralle/Allsport), Marion Jones (© Jed Jacobsohn/Allsport), Lorrie Fair (© Andy Lyons/Allsport), Oscar Chaplin III (© Bill Haber/AP), Jennie Keim (© Otto Greule Jr./Allsport).

Steamtunnels Poll

Should racial preferences be part of the college admissions?
Go to steamtunnels.net and let us know.

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Oscar Chaplin III

U.S. Olympic Weightlifting Team
Savannah College

The US only sends two men to compete in Olympic weightlifting, and one of them will be Oscar Chaplin III. Chaplin took the overall gold medal in the Junior World Weightlifting Championships this summer—and he was the first American in the history of the Junior Worlds to do so.



He's a four-time national champion, holds three American records, and can lift 738 lbs. When he won his spot on the Olympic team, he was overjoyed. "I still can't believe it. I mean I can, but I can't. All I know is this is the greatest day of my life."

The greatest day, that is, until he lifts that gold medal in Sydney.

Amy Chow

U.S. Olympic Gymnastics Team
Stanford University

When she was 3, her mother tried to enroll her in a ballet class, but was told she was too young. So Amy Chow signed up for gymnastics instead, a decision that would result in two Olympic journeys. Chow, 22, was a member of the Magnificent Seven, the American gymnastics team that won the gold medal in Atlanta in 1996. She quit training shortly after to concentrate on pre-med studies at Stanford University. But



Craig Jones/Allsport

Sydney's siren call was too strong—Chow decided to come back to the sport and secured herself a spot on the Olympic team once again. "There's always new skills to learn. You can invent skills, do harder skills, you can correct the technique of so many skills. I like it, I've been going at it for 18 years," said the dedicated Chow, who's favorite event is the uneven bars. •

Neat Net Tricks

By Jack Teems

Giant Leap Backwards

Use the right mouse button feature in Netscape or IE instead of the Back button to return to previously visited sites. This displays all recently visited sites so you can take a huge leap backward.

Desktop Diet

Make room on your desktop by shrinking your icons. Right-click anywhere on the desktop and select Properties and the Appearance tab. In the Item drop-down menu, select Icon, choose a smaller size, and click OK. You may need to experiment to find the ideal size, small enough but still manageable.

Easy Mail and News Advance

Next time you're sifting through your email or newsgroups (like Usenet) the easiest way to advance to the next unread message, with most readers, is simply the N key. If you want to read all messages in sequence, including those previously read, use Shift+N.

Default WordPad

If you often try to open a text file and you're told the file is "Too large to open with NotePad. Would you like to use WordPad?" bypass NotePad and make WordPad your default. In Windows Explorer, select View Folder Options (or just Options, depending on your version of Windows) and File Types. Scroll to Text Document, click Edit and then on Action:open. Click on Edit and browse for c:\windows\write.exe or whatever path your Windows system uses. Select that file, click OK, then back out.

Jack Teems (jteems@steamtunnels.net) publishes Neat Net Tricks from Rapid City, SD. For more Neat Net Tricks, visit NeatNetTricks.com.

College-age Olympians

Event	Sex	Name	Date of Birth	School	Web site
Gymnastics	F	Jennifer Parilla	1/9/81	Saddleback CC	usa-gymnastics.org
Shooting	F	Thrine Kane	5/24/81	Xavier	xu.edu/athletics
Diving	M	Troy Dumais	1/21/80	Texas	big12sports.com
Track & Field	F	Mikele Barber	10/4/80	South Carolina	ncaachampionships.com
Track & Field	M	Gabe Jennings	1/25/79	Stanford	gostanford.fansonly.com
Diving	F	Sara Reiling	9/18/79	Indiana	nbcolympics.com
Track & Field	F	Seilala Sua	2/25/78	UCLA	uclabruins.fansonly.com
Shooting	F	Melissa Mulloy	3/16/78	U of Alaska/Fairbanks	ncaa.org/champadmin/rifle
Cycling	F	Erin Veenstra-Mirabella	5/18/78	UC/Colorado Springs	nbcolympics.com
Diving	F	Jenny Keim	6/17/78	Miami	nbcolympics.com
Boxing	M	Clarence Vinson	7/10/78	Northern Michigan	sportspage.com
Fencing	M	Keeth Smart	7/29/78	St. Johns	nbcolympics.com
Track & Field	M	Ja'Warren Hooker	9/24/78	Washington	gohuskies.fansonly.com
Track & Field	M	Terrence Trammell	11/23/78	South Carolina	trackwire.com

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Olympic Leaps in Technology

Advances in technology are changing the way the Games are played and watched.

By Christine Junge

Technology affecting everything from computer speed to genetic engineering has taken Olympic-sized leaps and bounds in the last few years, and the behind-the-scenes equipment for this summer's games is no exception. The clothes the athletes wear, how viewers

The clothes the athletes wear, how viewers watch events, and the very torch that marks the beginning of the Games have been all but revolutionized.

watch events, and the very torch that marks the beginning of the games have been all but revolutionized.

Believe it or not, what athletes wear has more to do with scientific research than the ebb and flow of fashion. For example, this year's male swimmers won't be sporting the usual bikini briefs (much to the chagrin of some female spectators). The new Fastskin swimsuit, which has tiny V-shaped ridges to

mimic the skin of sharks—said to help water pass over the swimmers more efficiently—covers the swimmer from neck to ankle. It's also been reported to help compress athletes' muscles, thereby reducing fatigue and lactic acid levels. The seams provide tension that imitate the body's tendons; since the suits are created individually to match up with a swimmer's muscles, Speedo is claiming that times could be improved by 3 percent. Jenny Thompson, of the U.S. swim team, agrees.

"I really like the new suit. I have a personally fitted one, so I feel fortunate. It fits me perfectly. It's sleeker and more streamlined, and has much less suit-to-skin transition."

Runners are not far behind in the race for new and improved athletic wear. Some will be trying out a full-length, hooded body suit to combat the cool weather expected in Sydney. And on the shoe front, adidas-owned technology (adidas.com) helps reduce vibrations in runners' legs, increasing muscle performance. Adidas realized that continued insertion and extraction of traditional track spikes were a waste of athlete's energy, so their new spike grips the track rather than penetrating it.

For those of us not sporting any athletic wear at the Games this fall, new technology has been in the works to make watching the events a more interactive—if not an up-to-the-minute—experience. Video highlights will be shown on NBC's web site (nbcolympics.com), but complications with broadcasting rights means that there won't be any live web casts of events.

The official web site of the Olympics, olympics.com, has athlete biographies, competition schedules and information on participating countries. This is the first year a site was declared the official site of the Olympics, and officials are pre-



The new Olympic torch is designed to withstand wind and rain—and it's environmentally friendly too.

dicting it will break records in terms of the number of visitors. Other sites, including ibm.com/fanmail, will allow fans to send messages to athletes.

Even the Olympic torch is technologically advanced, in an attempt to avoid the blow-outs that occurred during the torch run before the 1996 Summer Olympic Games in Atlanta. A collaboration between the Australian-based Adelaide University's mechanical and chemical engineering departments, and a fuel and combustion firm, produced a new, weatherproof torch. The supposedly wind and rain immune flame is environmentally friendly as well.

So technology will change the summer Olympics even before they start. Let the Games begin! •



U.S. Olympic swimmer Ian Thorpe sports adidas' new EQUIPMENT Bodysuit, which reportedly helps athletes use energy more efficiently.

JOBTRAK Poll

Over 50 percent of students expect to be millionaires by the time they turn 40. More than 2,000 college students and recent graduates responded to the question, "How old will you be when you make your first million?" Here's what they said:

Under 30	25%
Between 30 and 40	27%
Between 40 and 50	13%
Over 50	6%
Never	29%

Source: JobTrak.com

New music from Fastball and 16 Horsepower

By Mac Randall



16 Horsepower

Secret South (Razor & Tie)

There's spooks in them there tunes, and presumably that's just the way 16 Horsepower's leader David Eugene wants it. *Secret South*, the Colorado-based band's third album, is chock full of death and ghosts, God and Satan, curses and premonitions—all the good stuff, basically. Although it's not a radical departure from 16 HP's usual moody hybrid of rock, folk and country (heard previously on 1996's *Sackcloth 'n' Ashes* and 1998's *Low Estate*), it does bring the formula to a new level of refinement. Opening with the roar of "Clogger," driven by a viciously distorted bass line, Eugene declaims like a possessed preacher calling for the final judgment. On "Wayfaring Stranger," he sings about crossing the Jordan over a spare Appalachian backdrop that delves into the same haunted corners similarly explored by Harry Smith's famed *Anthology Of American Folk Music*. Through 11 weighty songs, Eugene's singing maintains an almost maniacal sense of yearning that's also reminiscent of such other no-holds-barred vocalists as Tim Buckley and Ian McCulloch. The album reaches its climax with a remarkable rendition of Bob Dylan's "Nobody 'Cept You," transformed from its original, tentative reading on *The Bootleg Series* into a swelling anthem of devotion, whose images of distant church bells and cemetery dances makes delicious counterpoint with Eugene's spiritual vision. If you're a fan of the dark drama of Nick Cave or PJ Harvey, you owe it to yourself to check out *Secret South*. •

Fastball

The Harsh Light Of Day (Hollywood)

It was only two years ago that Fastball was ruling the airwaves with a catchy ode to rootlessness called "The Way." Bouncing back from a barely noticed 1996 debut, *Make Your Mama Proud*, this hard-working Austin, Texas trio turned themselves into one of the surprise success stories of '98 with their second full-length release, *All The Pain Money Can Buy*. One platinum certification later, the trio has returned to a shockingly different pop landscape. Rest assured, they haven't gone disco or hired Max Martin to write up a few Britney-style numbers. Instead, they've stuck to what they do best: old-fashioned guitar-powered pop with a premium on melody. As in the past, bassist Tony Scalzo splits the singing and songwriting with guitarist Miles Zuniga. The former's chipper delivery of wide-ranging tunes contrasts nicely with the latter's gruff introspectiveness: check out the way Zuniga's pensive ballad "Vampires" explodes into the euphoric chorus of Scalzo's "Wind Me Up."

More ambitious than Fastball's previous two albums, *The Harsh Light Of Day* piles on strings, mariachi brass, and guest appearances—legendary pianist Billy Preston on the jaunty "You're An Ocean," nouveau swinger Brian Setzer on "Love Is Expensive And Free." In the end, the focus is squarely on first-class songwriting. Though there isn't a single track that sticks out as obviously as "The Way" did, the album as a whole is their strongest yet. •



For label, fan club and music information for both bands, go to steamtunnels.net

Internet addiction—it's no joke.

Or is it?

By Molly Delano

Your eyes are red and scratchy, victims of another all nighter in a chat room. Your fingertips are calloused from constant banging on the keyboard. You stop at the library 10 times a day to check your email. Sometimes the only thing that makes you relax during exam time is a few hours surfing the web, mindlessly jumping from site to site.

Does all this mean you're a member of that new class of cyber-psychotics, the Internet Addicts?

It all depends on who you're talking to.

Some researchers claim that up to 6 percent of Internet users are addicted. Others say it's just porn sites and chat rooms that hook users, while still others say all the hype about Internet addiction is just that—hype.

Internet Addiction Disorder

According to David Greenfield, president of the Center for Internet Studies in West Hartford, Conn. (virtual-addiction.com), more than 11 million Americans are afflicted by some form of cyber addiction.

The most common categories of addictive Internet use are pornography, gambling, chatting and fantasy games.

According to a study conducted at the University of Pittsburgh, women are drawn to forging friendships online, while men are more prone to engage in X-rated fantasies. What initially attracts—and then

hooks—users is the ability to transcend physical and personal limitations online.

A geeky teenager can go online and become a stud or vixen in a chat room, or the shy reclusive type can transform himself into a fearless warrior while playing video games.

Students have reported missing classes, meals and even parties to feed their cyber jones, and researchers say marriages, relationships and work are all negatively affected by compulsive Internet use.

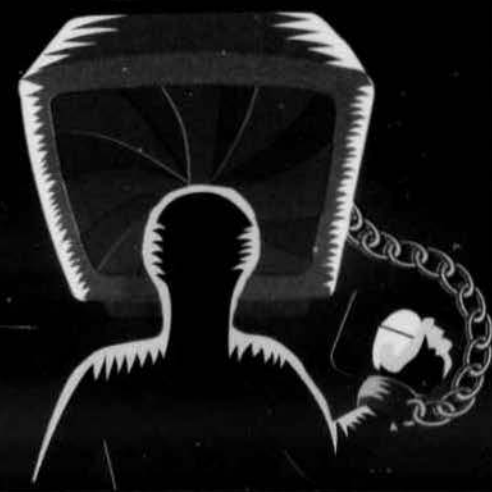
Are You A Junkie?

There are tons of quizzes online—naturally—that will tell you if your Internet habit is healthy. Visit sites like stresscore.com, netaddiction.com, and iliveonline.com/webaholics.htm.

Symptoms of net addiction include:

- blowing off commitments to stay online
- using the Internet as a retreat from stressful situations
- running up enormous ISP/phone bills unintentionally
- compulsive email checking, ignoring friends and family
- losing track of time while you're online
- denying that you spend too much time online when people confront you

Don't panic if all of the above apply to you. Many psychologists believe that Net addiction isn't all it's cracked up to be. Dr. John Grohol, who runs an online mental health service, psychcentral.com, believes that people who spend an inordinate amount of time on the



Jason Fairchild

Internet are no different than those that spend a lot of time watching TV or working. Grohol also points out that researchers have not yet been able to agree upon the average time people spend online—estimates range from 7 to 19 hours a week.

Internet addiction is not a recognized mental illness, at least not yet. But even the most hardcore skeptics can agree that compulsive gaming, gambling, chatting, or surfing on the web can have dire consequences, especially when it comes to forming relationships and developing a social skills.

Net Facts

- The amount of time it takes for the size of the World Wide Web to double: 6 months.
- More than 75 percent of all web users are between the ages of 18 and 49.
- More than half of all new Internet users are women.
- One-third of all Internet users report watching less television as a direct result of their Internet use.
- There are 92 million people online in the U.S. and Canada.
- 28% of all Internet users are full-time college students.
- Students average 99 minutes of online activity every day.

Sources: Media Awareness Network, DITnet, Commerce.net, netaddiction.com



Affirming Diversity

Are Race-Based Admissions Used At Your School?

By Michael Dougherty

Affirmative action may be one of those phrases that sparks a brief second of recognition—could be something you've heard on the news, or a phrase you absorbed in an American history class.

So why is it that students at the University of Massachusetts, Amherst, the University of Florida, the University of Texas, the University of Michigan, the University of California, and other schools across the country are holding rallies, taking over buildings, and organizing '60s style protests in the name of affirmative action?

The Basics

There are many people who believe affirmative action at the university level—legislation that allows universities to admit students and hire professors according to race or gender—is the most important issue in higher education.

Affirmative action affects admissions, faculty (hirings, firings, promotions and tenure), financial aid and curriculum. A school's policy holds lasting ramifications for every student—educationally and socially. Who gets in? Who teaches? What will they teach?

So how does it affect you?

Practically every state university system in the U.S. has some form of affirmative action policy, a plan to ensure that the student body and faculty reflect the diversity of America.

But recently those plans have come under legal attack in many states, sparking passionate debate both for retaining and eliminating race- and gender-based admissions decisions.

Everyone knows a student who got into school for athletic ability, or an uncanny talent for the oboe, but applications are also evaluated for cultural factors, such as country of origin, number of people in the family who have gone to college, socioeconomic background, and race.

The Controversy

Over a half-century ago, affirmative action was introduced as the next step in making America a more perfect union. Its purpose was to take an unfortunate past and make it a fortunate future. Affirmative action was designed to aid minority groups (including race, gender, religion, age and ethnicity) in achieving equality in business, education and society.

It may sound pretty good, but affirmative action policies are some of the thorniest subjects on campus these days, attracting the interest of national civil rights leaders and turning campuses into hotbeds of activism and protest.

Affirmative action has been abandoned by many universities because its legal defensibility is no longer certain—court after court has overturned the policy, proclaiming it unconstitutional.

But for those students committed to enhancing diversity on campus, the repeal of affirmative action is seen as a step back in time.

Jason Rigby, a student at Indiana Purdue University/Fort Wayne, said he believes affirmative action is the best way to ensure that potential students get a foot in the door.

"The university is the largest melting pot of the city, [where] mind power is the most important thing. We need to pay attention to make sure everybody is getting a fair shot."

The Next Steps

Despite the fact that universities can no longer rely on affirmative action policies to admit minority students, many schools

are still working overtime to make sure their admissions policies reflect their commitment to diversity.

In addition to special recruitment efforts designed to reach out to minority students, many schools have embraced complex admissions policies that seek out students with non-traditional backgrounds.

If you applied to a state school this year, it's probable that your application was evaluated on a point system that factors in things like: the quality of your high school, your racial background, how much money

Check out your own school's affirmative action policy—you might be surprised to find that students are admitted according to race, gender, and economic background.

your family has, and if you are the first member of your family to attend college.

It's even possible that you were admitted or rejected because of these circumstances—a situation that has sparked some students to initiate law suits against their state universities, including the University of Georgia.

Maybe you aren't even aware of it, maybe you are. But rest assured: affirmative action policies and their offshoots are shaping your college experience. •

Related Links

For more information about affirmative action in higher education:

Diversityinc.com

soyouwanna.com (search for affirmative action)

cpnet.com (search for affirmative action)

washingtonpost.com/wp-srv/politics/special/affirm/affirm.htm

infoplease.com (search for affirmative action)

wdn.com/cir/cr-aa.htm

There are lots more links to affirmative action sites at **steamtunnels.net**



Bill Lovejoy, Santa Cruz Sentinel/AP

SITE REVIEWS

visit steamtunnels.net for links to all these sites and more.

SPECIAL FEATURE

Phone Home—For Free!

Use the web to make free long distance phone calls.

by Tamar Maor

Sick of spending money on phone calls each month? Try getting your long distance for free. Yes, free. Make calls over the web and save money.

There are two ways to get long distance calls for free: either use a program where you speak through your computer to a phone, or earn calling card minutes by listening to advertisements before or during your call.

The site that offers the best service is MyfreeLD.com (myfreeLD.com). They provide no-charge long distance service to the U.S., U.K., France, the Netherlands and Switzerland. If you have friends around the world this is the only site that offers such a large selection of countries in their service. First make sure you have their system requirements. You'll need Microsoft's NetMeeting, which you can download for no charge at microsoft.com/windows/netmeeting. After installing NetMeeting and registering, there's no limit on the number of calls you make, or how long you speak.

Phonefree (phonefree.com) also requires a software download and registration, but you receive many free services in exchange. They offer PC-to-phone calling in the U.S., PC-to-PC voice calling anywhere in the world, voice mail, and file and picture transfer.

If you'd rather not put more programs on your computer, there are several options that don't require downloads. Mediarling has a free PC to phone service (freecalls.mediarling.com) where you just make calls directly off their site. You can call the U.S., Canada, or China. Another site that offers web-



based service is Dialpad (dialpad.com). All you have to do is register, and then use their Java-based program to make all the calls you want.

The one problem with making PC-to-phone calls is the poor sound quality, especially

if you're using the microphone and speaker from your computer. If you're planning on using web-calling as your primary mode of making calls, invest in a headset—purchase one online or at your local computer store—and your sound quality will improve.

If talking through your computer doesn't satisfy that need to nuzzle the telephone between your shoulder and ear, all is not lost. Direct your browser to Speak4Free (Speak4free.com). Ready to make your phone call? Enter your number and the number you're calling. Your phone will ring and you'll hear a short audio ad before being connected with your friend. The call is limited to five minutes, but you can make as many as you wish.

To make a longer phone call, Broadpoint (Broadpoint.com) is the service you should use. Listen to as many 10-15 second ads as you wish—each earns you two minutes of telephone talk time—before you make your call. You can only earn two hours a month, but how you divide your two hours is up to you.

Next time you pick up the phone to call your friends across the country, you might consider using an Internet-based long distance service instead. With all the money you save you might be able to buy a plane ticket and see them in person! •

WOMEN

iVillage

iVillage.com

It was only a few years ago that men dominated the Internet, but now men and women travel the information superhighway in nearly equal proportions. However they're often headed in different directions. Right now, the most popular Internet site for women is iVillage.com. The site is so heavily trafficked, its nearly 6 million unique visitors per month outnumber even ESPN.com and USA Today Online. With channels of information such as Health, Beauty, Fitness, Money and Relationships, iVillage is the complete destination site for women.

MUSIC

Musicmaker

musicmaker.com

Imagine being able to order music directly from a recording studio:

"I'll take some Smashmouth, the new Santana, and a little Coltrane."

"Do you want any Strauss with that?"

With today's eclectic tastes, it is often hard to find the CD that is just right. Musicmaker.com makes the search a little easier. Their 200,000+ database of songs (everything from Beethoven to Britney Spears) offers just that—the tunes you want minus the industry filler. It is a sleek, easy-to-navigate site that keeps prices low (helping to defray the unfortunate shipping charge), and offers a secure server for all transactions. Musicmaker assures you that with a few simple steps and clicks, you'll be hearing only the music you want on your custom-made compact disc. *MDougherty*



SEARCH ENGINE

Magellan

magellan.excite.com

A new type of search engine that provides an even more comprehensive way of finding things on the web. With new technology, Magellan is

SITE REVIEWS

able to search by concept instead of just by words included in the text of a web site. It also interprets relationships between words and ideas, giving you more accurate responses when searching. Yet another improvement in finding exactly what you're looking for on the web. *EFeick*

TECH TRICKS

Privacy

privacy.net

This site is run by the Consumer Information Organization, a foundation that aims to inform Internet users on the privacy dangers involved with surfing the web. They provide demonstrations on how your web activity and your identity are easily tracked by web sites, or how e-mail tracing occurs. Many other articles on privacy infringements are available, each with advice on how to avoid these situations. *TMaor*

Cybertip4theday

cybertip4theday.com

We all know of or have owned those little desk-top calendars that you flip up for an inspirational phrase or a quote. At cybertip4theday they have taken that concept and tweaked it. Just sign up for whatever tips you want, from golf to nutrition to English as a second language, and you will receive daily words of wisdom. Read them in about a minute—there'll be a new one waiting for you tomorrow! *JWorkman*



HEALTH & FITNESS

Nutrio

nutrio.com

If you are serious about losing weight, this site wants to help. Their goal is to act as an online support group. The Weight Loss Wizard lets you customize a weight loss program; other tools include a calorie burn calculator, an ideal weight chart, and a body mass index. There are also nutrition and fitness plans, and a marketplace of weight loss products. Plus the more time you spend tooling around this site, the less time you'll have for straying into the Doritos bag. *BMucci*

GLAMOUR

Beautynet

beautynet.com

If there's nothing you like better than curling up with a fashion mag and soaking up all their tips on hair, skin, nails, and makeup, then you'll be happy to know that you don't have to shell out three bucks every time you need a beauty fix—beautynet has it all. How does Julia Roberts get that gorgeous, bouncy hair? What can you do about your obsessive nail biting habit? Find the answers to these burning questions and more on this jam-packed site. Beautynet also offers a weekly tip, archived stories, links to online shopping and a message board for sharing your own tools of the trade. *NClayton*



Lush Cosmetics

lushcanada.com

Stressed out from mid-terms? Exhausted after an all-nighter? Or just trying to catch the attention of that special someone? Lushcanada.com brings to you the all-natural approach to health and beauty. They've got everything from bath bombs to solid shampoo. All herbs and no chemicals! Prices are in Canadian dollars, so items are not as expensive as they appear. Order online or call toll-free. It's The Body Shop without leaving your dorm. *EFeick*

OLYMPICS

Sydney2000

sydney2000fans.com

When was the dueling pistol event dropped from the Olympics? What nation's abbreviation at this year's games is BUR? Find out at this unofficial Olympics web site. Featuring a comprehensive list of all the sports played at the games, the breakdown of the torch relay through Australia, links to athletes' fan sites and medal and world record trivia, sydney2000fans.com is a perfect Olympic companion. Check out the image gallery to virtually visit the Olympic venues, too. (Answers: 1912, in Stockholm; Burkina Faso.) *EDionne*

NBCOlympics

nbcolympics.com

This is your Olympics headquarters. From archery to wrestling, NBC's site covers every aspect of the Sydney games with daily news, TV coverage schedules, athlete bios, shopping, Australian weather and every other piece of minutiae about the Olympic games you could ever dream of. The athletes themselves even weigh in for NBC under the Athlete's Voice section, which highlights quotes from all of the contenders about their thoughts as the games approach. The big downside to Internet coverage is that there will be no live web casts, but Quokka, the leader in sports technology, will provide continuous video clips of the games. *MDelano*

U.S. Olympics Organization

olympic-usa.org

This site's best feature? Click on "Goodies" for a video clip of all the sports at the games, including demonstration sports. (When did windsurfing make it to the Olympics, anyway?) The site also serves as a mini-search engine for individual sports: Click on "Squash" and hundreds of squash related links show up. It's got more than just the Sydney Olympics too: there's a recap of the Atlanta and Nagano Olympics, and a preview of the 2002 Salt Lake City games as well. *KPowers*

EDITOR'S PICK

Study 24x7

study247.com

Another missed class? Lost notes? Just confused? Borrowing notes from a classmate, or finding time to meet with your tutor, are options that don't always work out. Study24-7 strives to be the help you need—a live, 24-hour, 7-day-a-week link for any educational situation. It's a warehouse of class notes (from over 200 universities, colleges and high schools), tutors, chat rooms, discussion groups, educational games and school supplies/products. You can register for any of these and/or you can sign-up to be a tutor or note-taker (paid positions). This appealing site, heralded by educators, students, and administrators alike, is free to all users. *MDougherty*



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and Off-Peak hours
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Monthly Fee starting at \$5.95

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